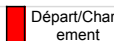



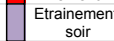
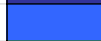
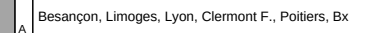

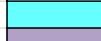
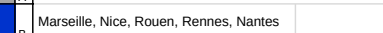







# Planning 2017-2018 Optimist

**PROJET**

9/20/2017

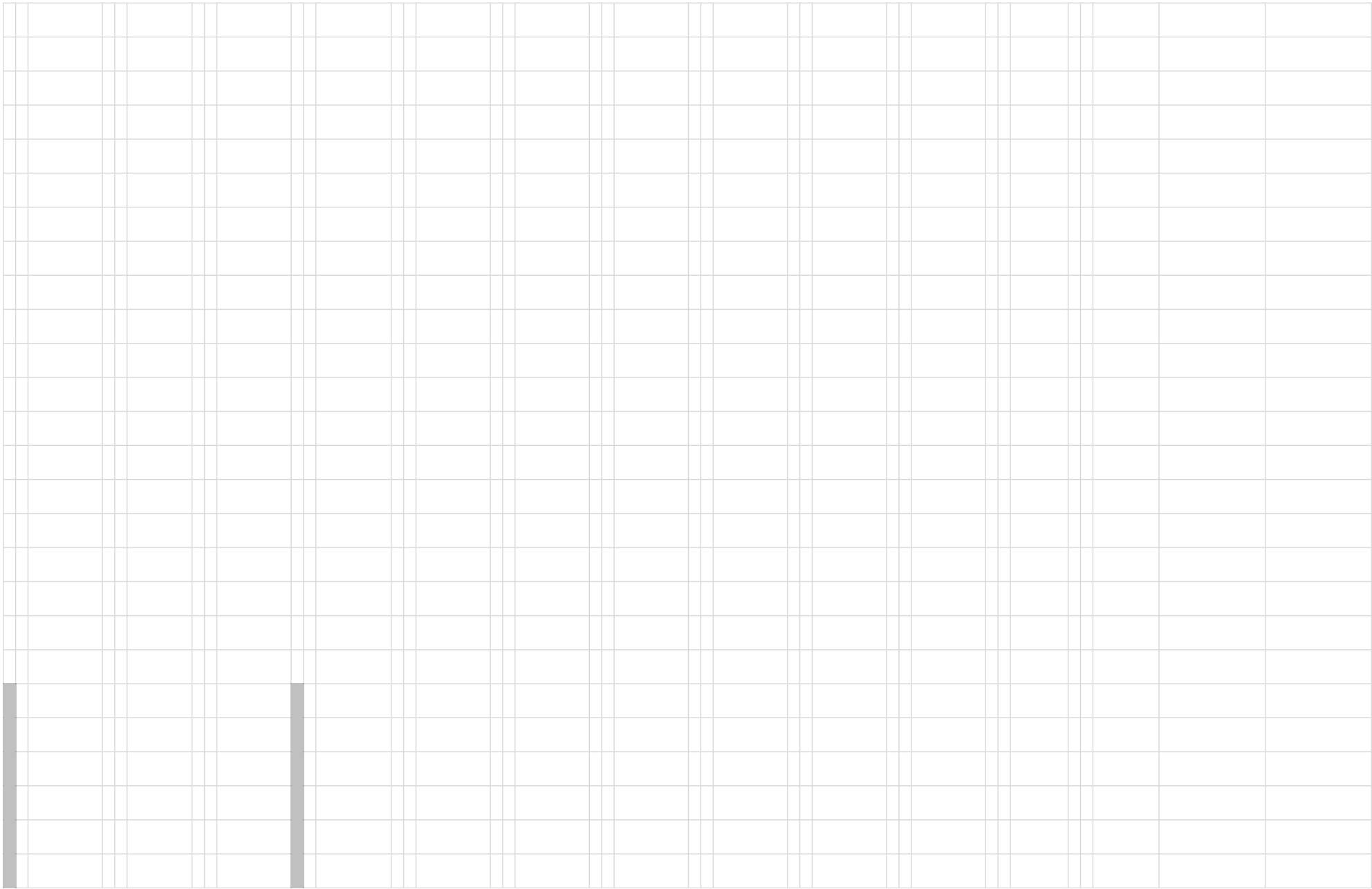
SEPTEMBRE		OCTOBRE		NOVEMBRE		DECEMBRE		JANVIER		FEVRIER		MARS		AVRIL		MAI		JUIN		JUILLET		AOÛT	
1 V		1 D	G1	1 M	BAULE	1 V		1 L		1 J		1 J		1 D	LAVACOURT	1 M	Stage	1 V		1 D		1 M	
2 S		L		2 J		2 S		2 M		2 V		2 V		2 L		2 M		2 S		2 L		2 J	
3 D		3 M		3 V		3 D	G1	3 M		3 S		3 S		3 M		3 J	R2R3	3 D		3 M		3 V	
4 L		4 M		4 S		4 L		4 J		4 D	G1	4 D		4 M		4 V	?	4 L		4 M		4 S	
5 M		5 J		5 D	Départ J.V.	5 M		5 V		5 L		5 L		5 J		5 S		5 M		5 J		5 D	
6 M		6 V		6 L		6 M		6 S		6 M		6 M		6 V		6 D		6 M		6 V		6 L	
7 J		7 S		7 M		7 J		7 D		7 M		7 M		7 S		7 L		7 J		7 S	France	7 M	
8 V		8 D		8 M	En salle	8 V		8 L		8 J		8 J		8 D		8 M		8 V		8 D	MINIMES	8 M	
9 S		9 L		9 J		9 S	Avec IDF et TNO	9 M		9 V		9 V		9 L		9 M	WORKUM	9 S		9 L	MARTIGUES	9 J	
10 D		10 M		10 V		10 D		10 M		10 S	Avec TNO	10 S		10 M		10 J	G1	10 D		10 M		10 V	
11 L		11 M		11 D	SL	11 L		11 J		11 D		11 D		11 M		11 V		11 L		11 M		11 S	
12 M		12 J		12 S	GRANVILLE	12 M		12 V		12 D		12 L		12 J		12 S		12 M		12 J		12 D	
13 M		13 V		13 L		13 M		13 S		13 M		13 M		13 V		13 D		13 M		13 V		13 L	
14 J		14 S	SL	14 M		14 J		14 D		14 M		14 M		14 S	CIP	14 L		14 J		14 S		14 M	
15 V		15 D	LH	15 M		15 V		15 L		15 J	PALAMOS	15 J		15 D	BISCAROSSE	15 M		15 V		15 D		15 M	
16 S		16 L		16 J		16 S	Avec IDF	16 M		16 V	G1	16 V		16 L		16 M		16 S		16 L		16 J	
17 D		17 M		17 V		17 D		17 M		17 S		17 S		17 M		17 V		17 D		17 M		17 V	
18 L		18 M		18 S	Avec IDF	18 L		18 J		18 D		18 D		18 M		18 V		18 L		18 M		18 S	
19 M		19 J		19 D		19 M		19 V		19 L		19 L		19 J		19 S	SIL	19 M		19 J		19 D	
20 M		20 V		20 L		20 M		20 S	G1 avec IDF et TNO	20 M		20 M		20 V		20 D	RENNES	20 M		20 V		20 L	
21 J		21 S	Stage	21 M		21 J		21 D		21 M	G2	21 M		21 S		21 L	ST SULIAC	21 J		21 S		21 M	
22 V		22 D	igue	22 M	G1	22 V		22 L		22 J		22 J		22 D		22 M		22 V		22 D		22 M	
23 S		23 L	LH	23 J		23 S		23 M		23 V		23 V		23 L		23 M		23 S	Avec TNO	23 L		23 J	
24 D		24 M		24 V		24 D		24 M		24 S	Stage	24 S		24 M		24 J		24 D		24 M		24 V	
25 L		25 M		25 S	G1 avec IDF et TNO	25 L		25 J		25 D		25 D		25 M		25 V		25 L		25 M		25 S	
26 M		26 J	Stage	26 D		26 M		26 V		26 L	Hyères	26 L		26 J		26 S		26 M		26 J		26 D	
27 M		27 V	LA	27 L		27 M		27 S	ENV	27 M	TNO	27 M		27 V		27 D		27 M		27 V		27 L	
28 J		28 S	BAULE	28 M		28 J		28 D		28 M		28 M		28 S		28 L		28 J		28 S		28 M	
29 V		29 D	Demi National	29 M	G2	29 V		29 L		29 J		29 J		29 D		29 M		29 V		29 D		29 M	
30 S		30 L		30 J	[1]	30 S		30 M		30 V		30 V	[2]	30 L		30 M		30 S		30 L		30 J	
		31 M	LA			31 D		31 M				31 S	SIL		31 J					31 M		31 V	

	Régates		Départ/Chargement		Epreuves		Week-end, jours fériés, vacances scolaires
	Stages		Eentraînement soir		Monde-Europe		Besançon, Limoges, Lyon, Clermont F., Poitiers, Bx
	Entraînements				Epreuves Internationales		A Marseille, Nice, Rouen, Rennes, Nantes
	Regroupements				Grde 3		B Paris, Toulouse, Montpellier
	Internationaux				Grde 4		
	x				Grde 5		

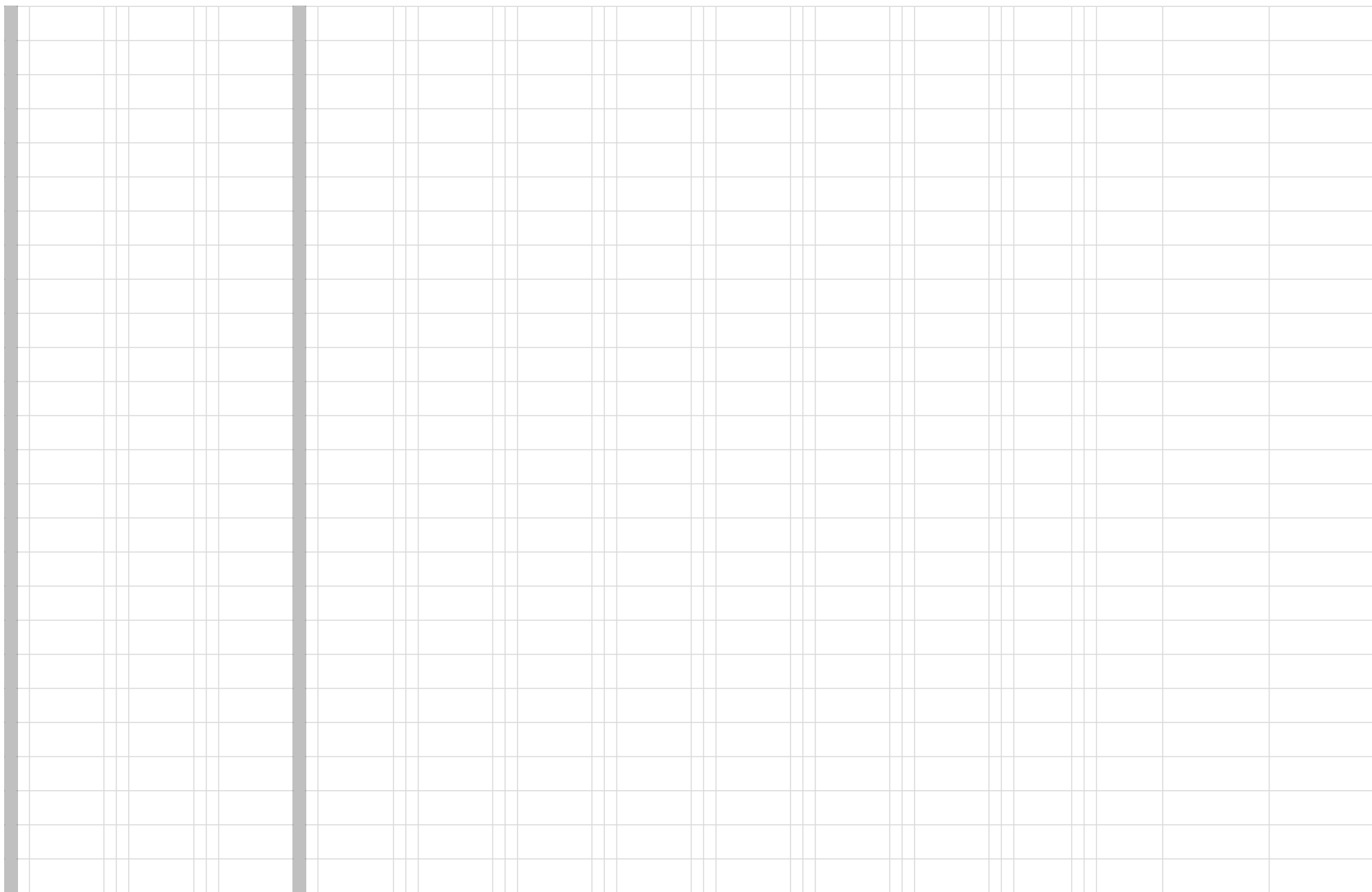


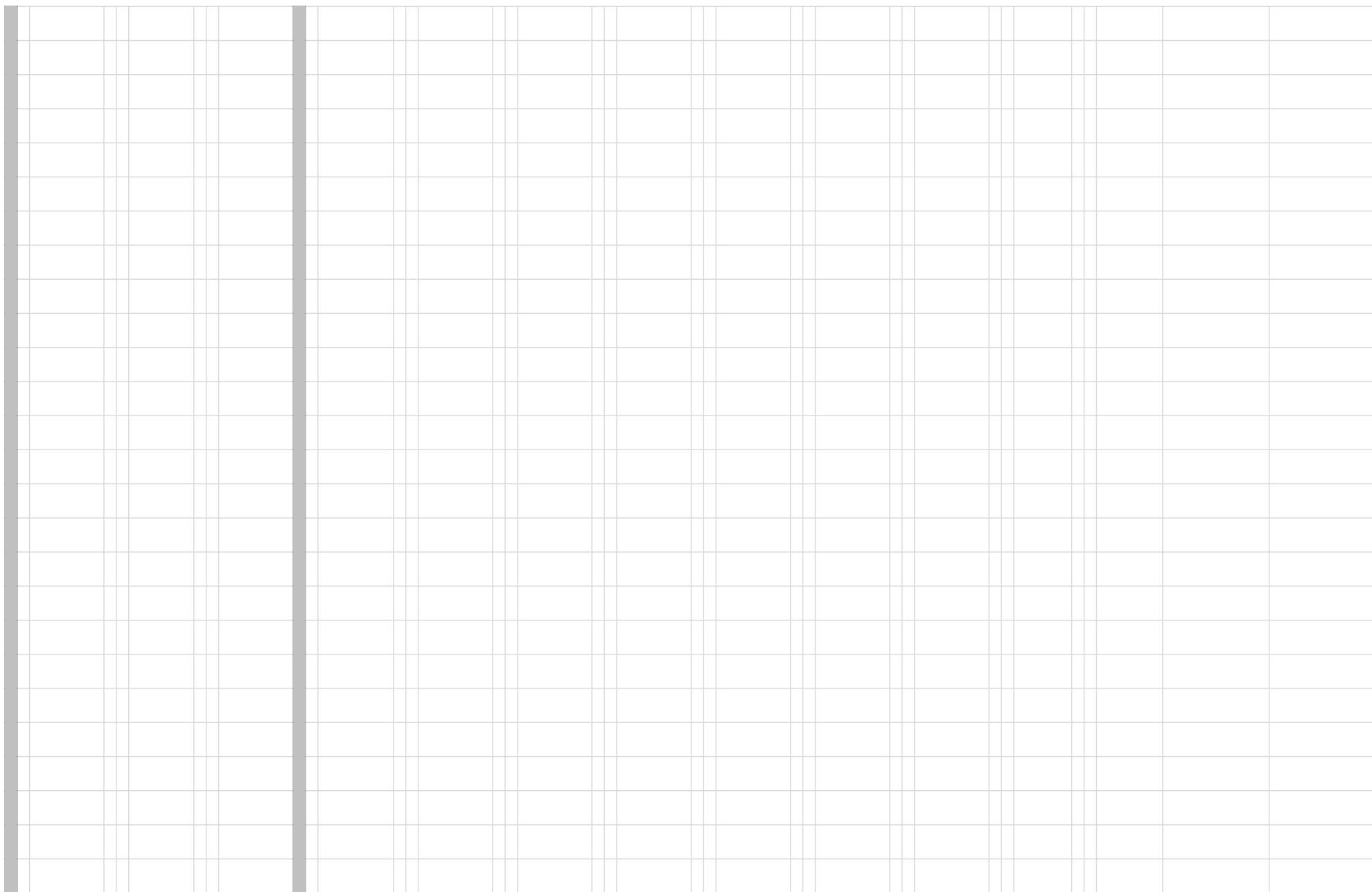




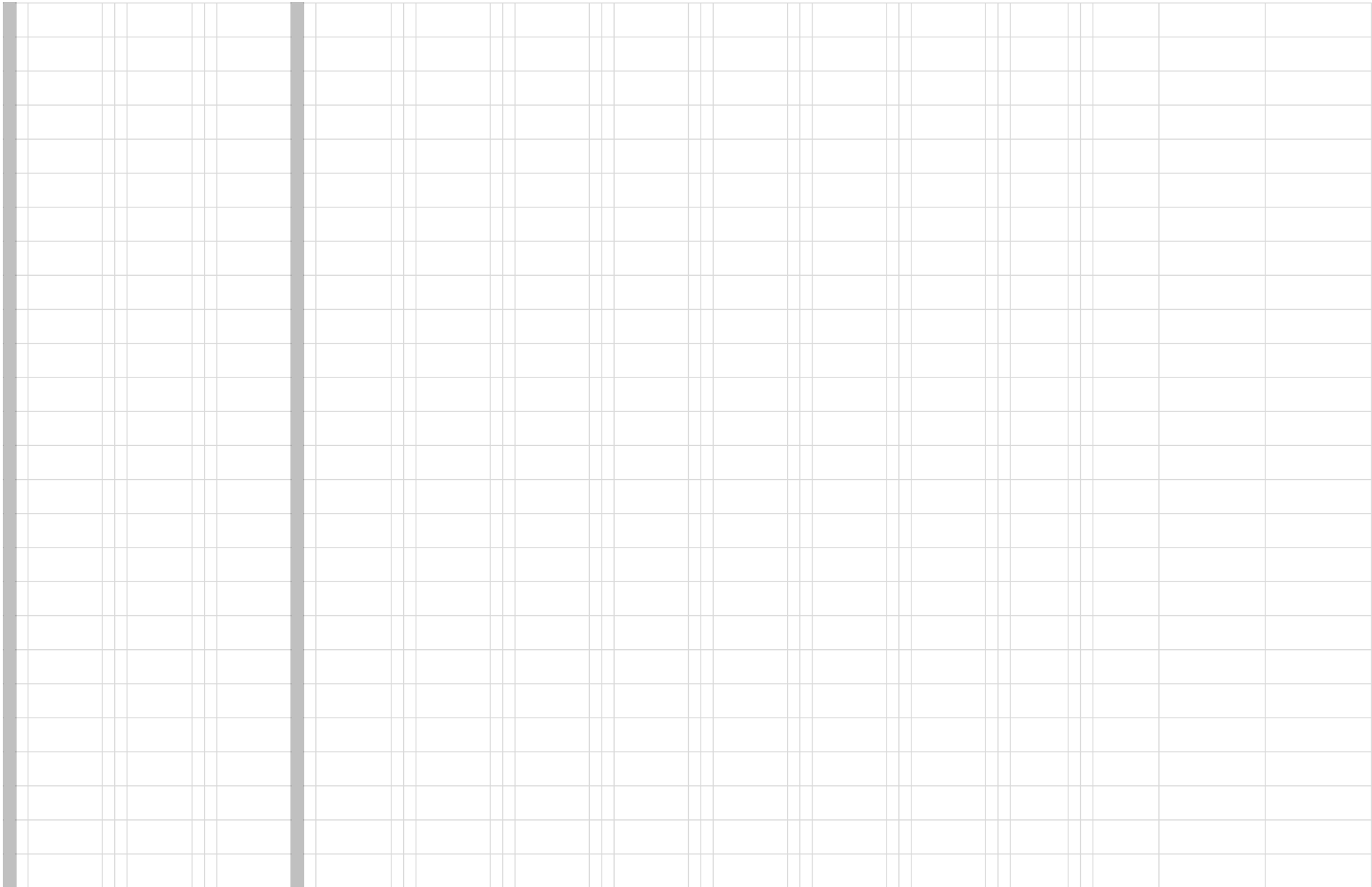


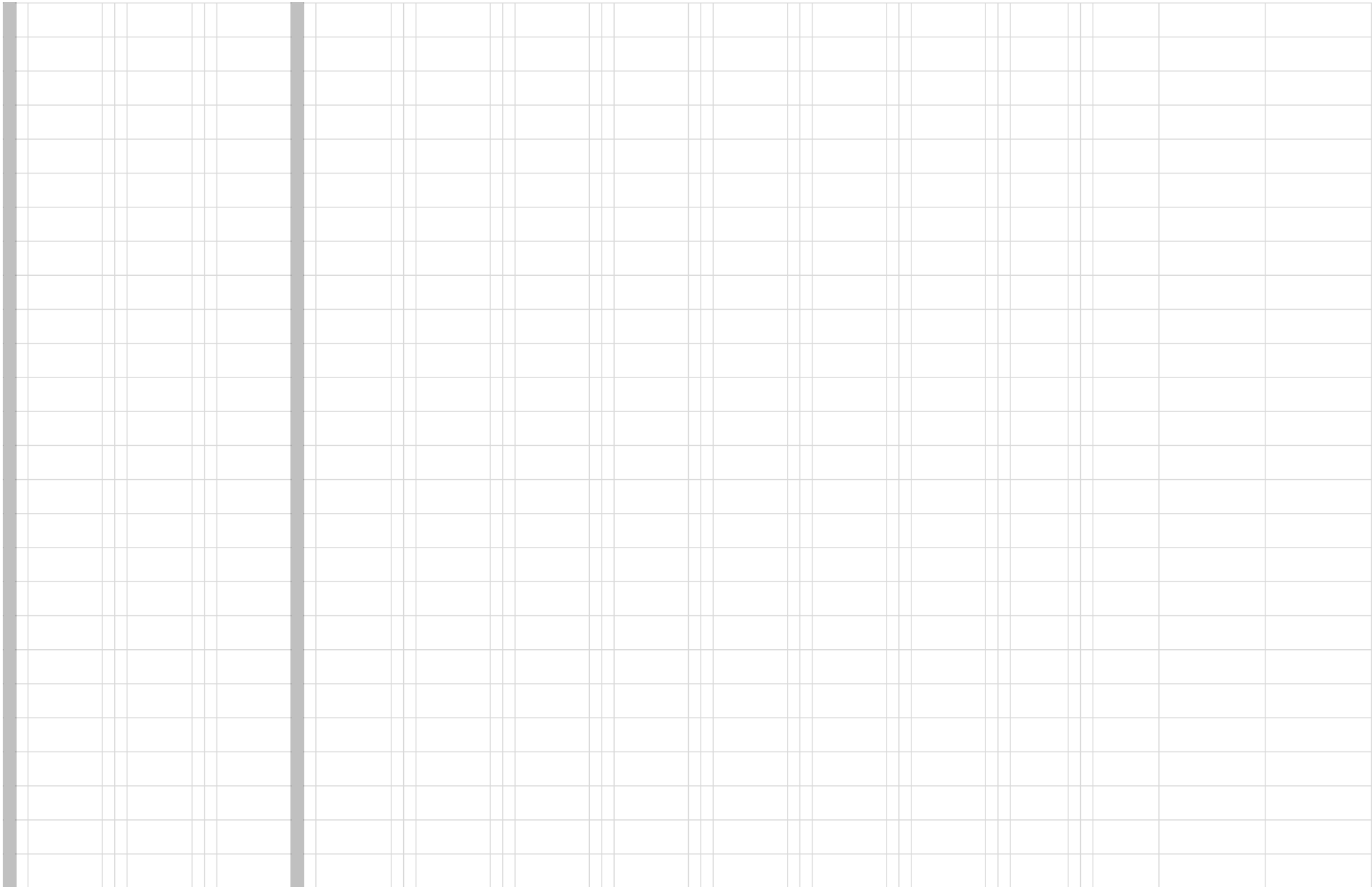


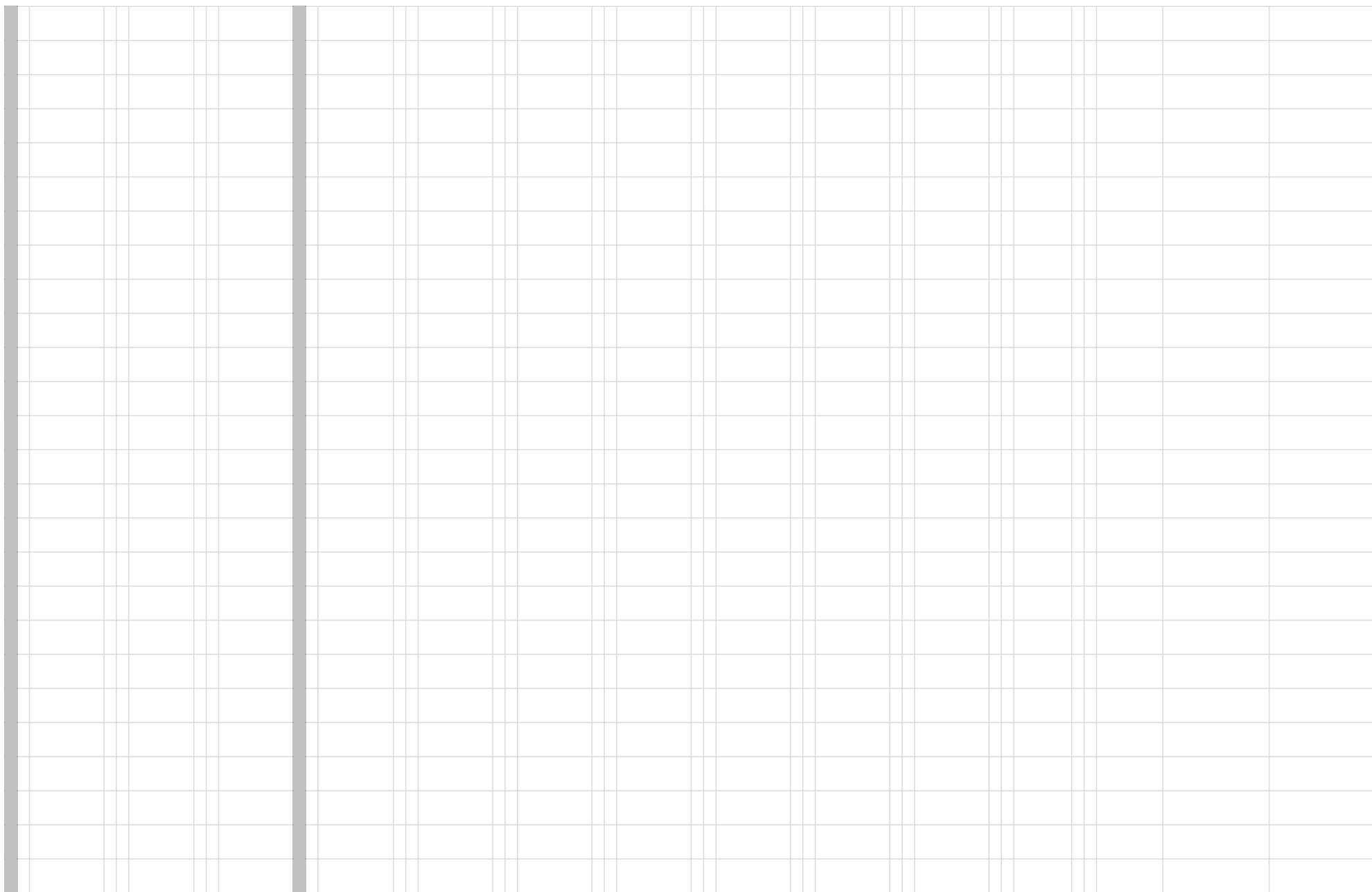


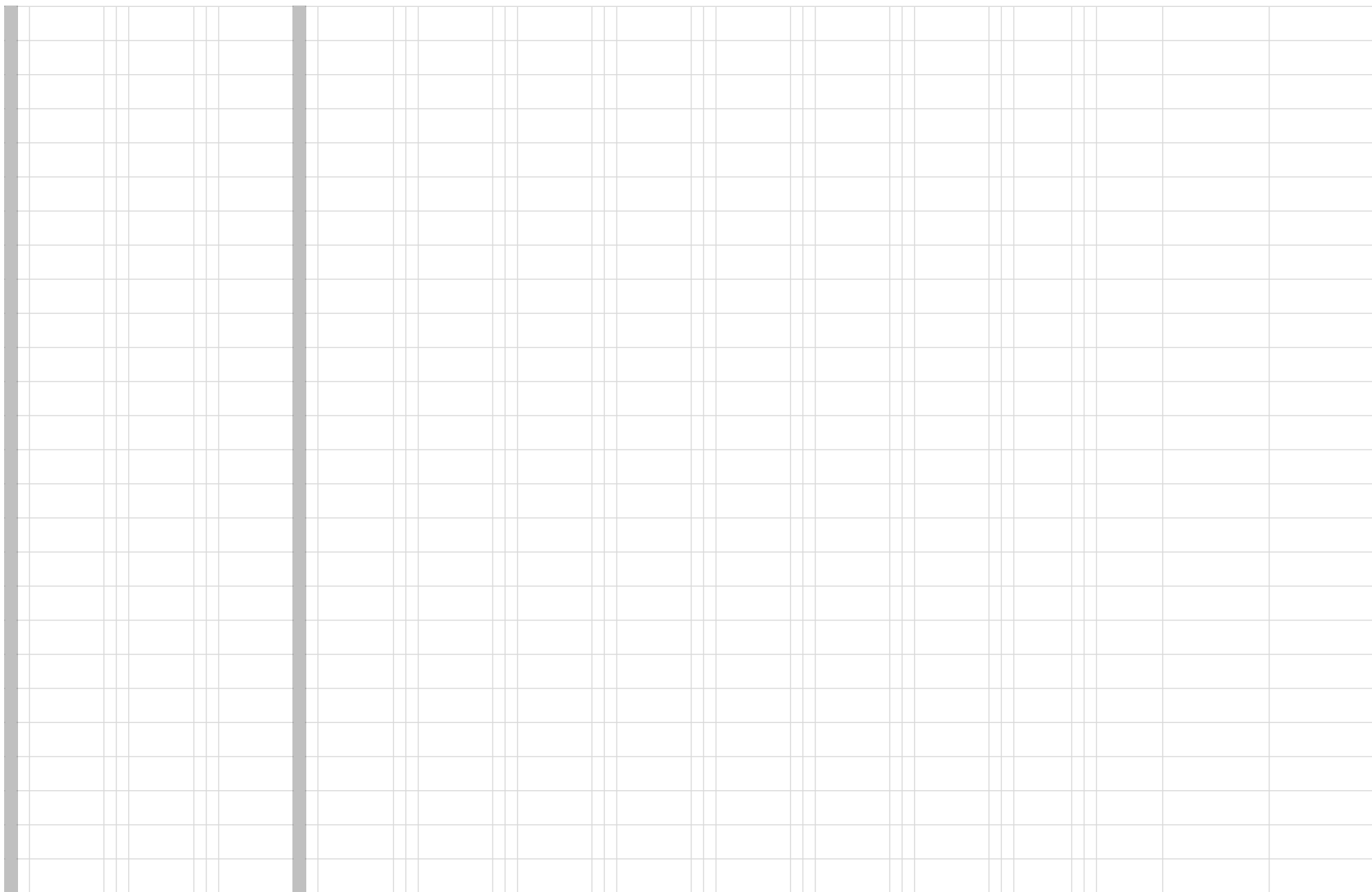


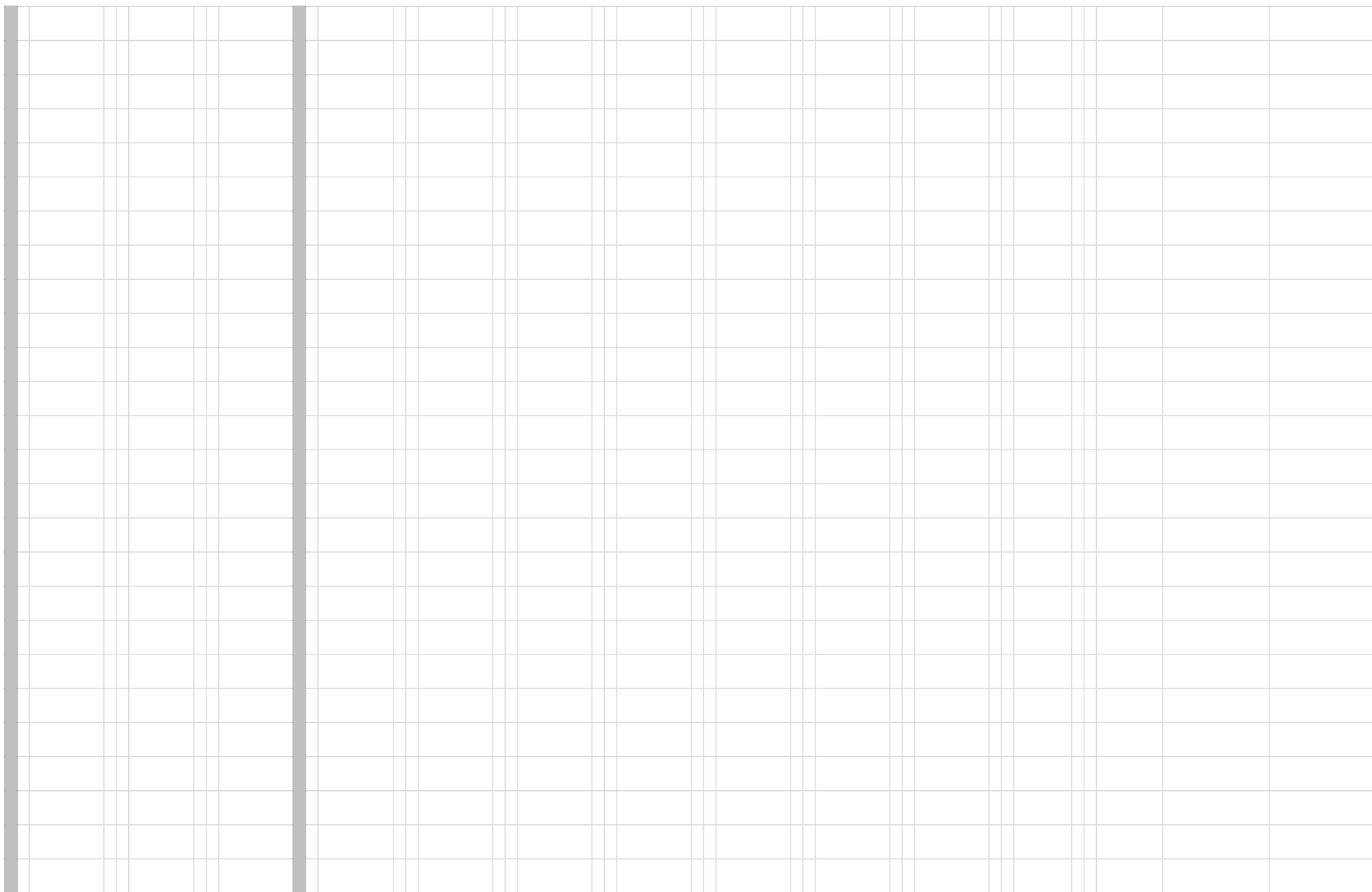


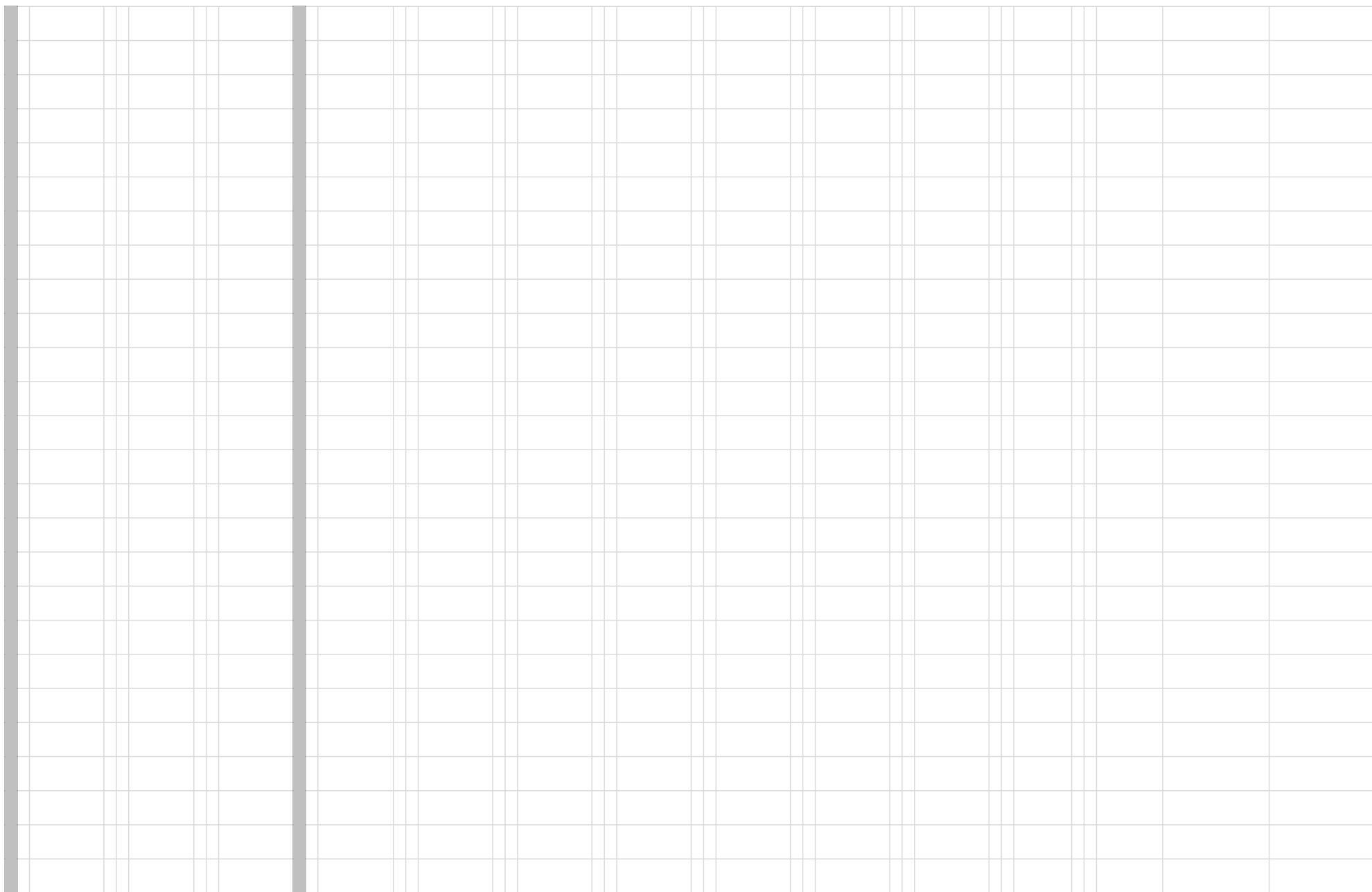


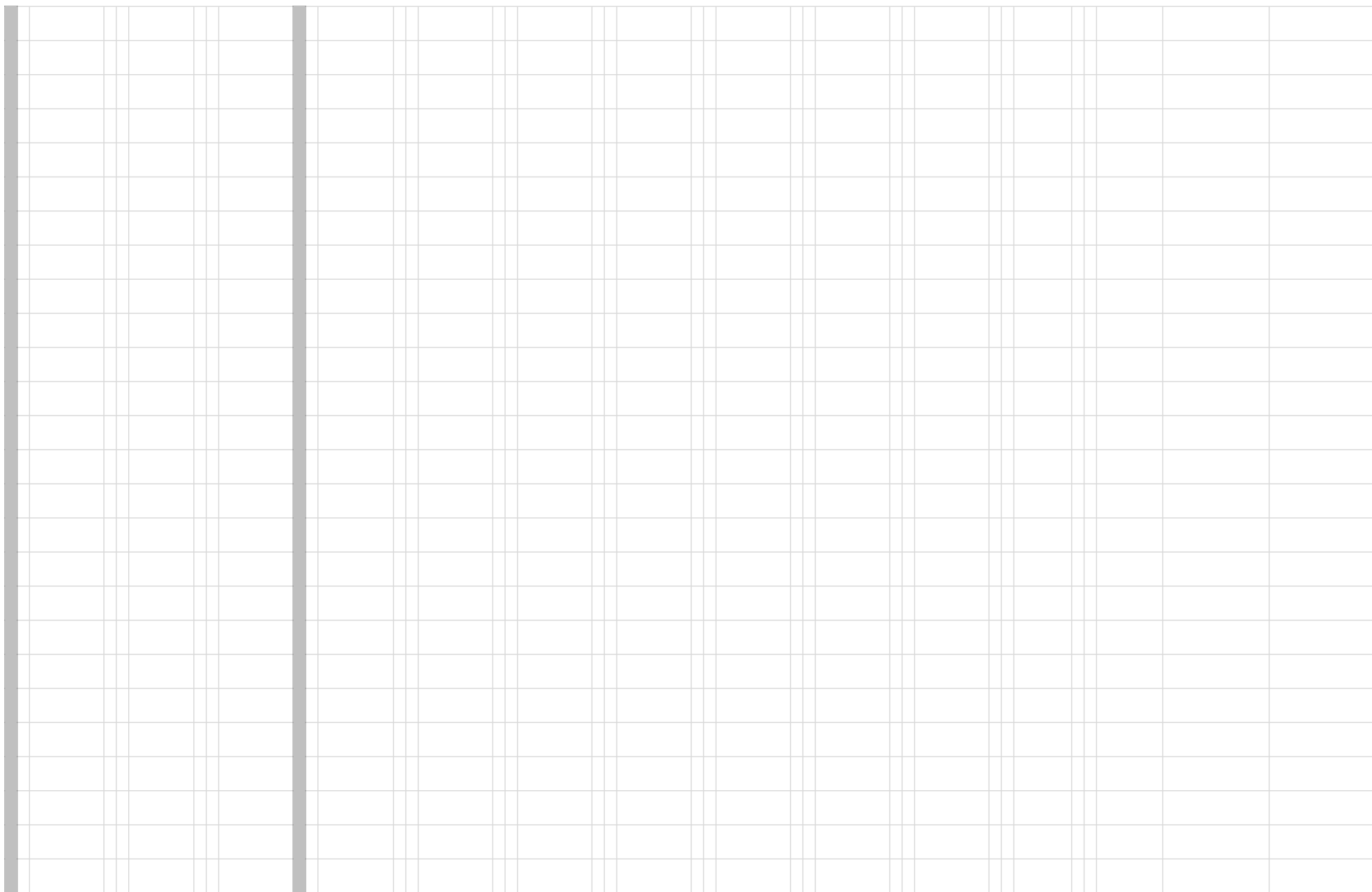


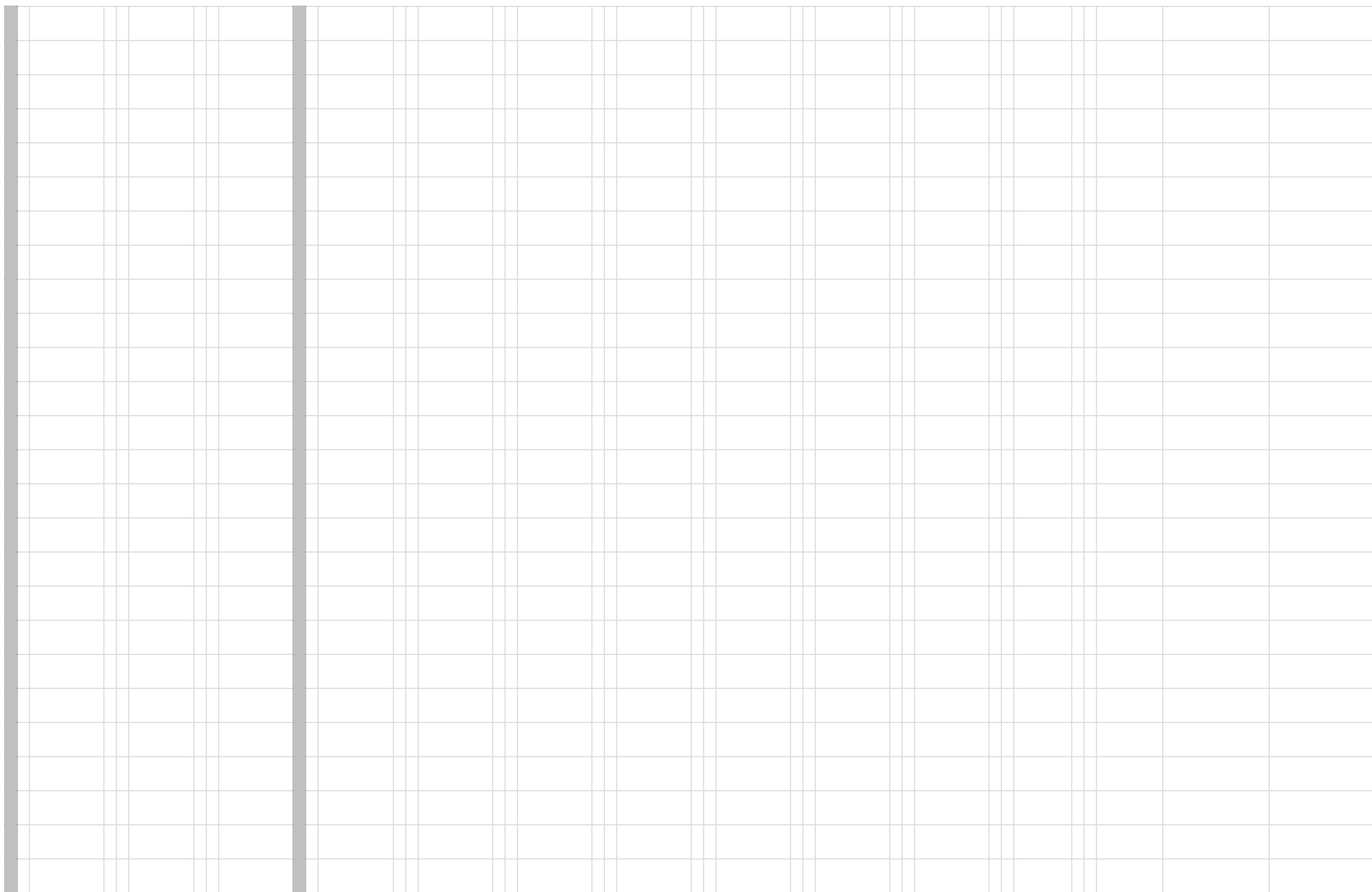




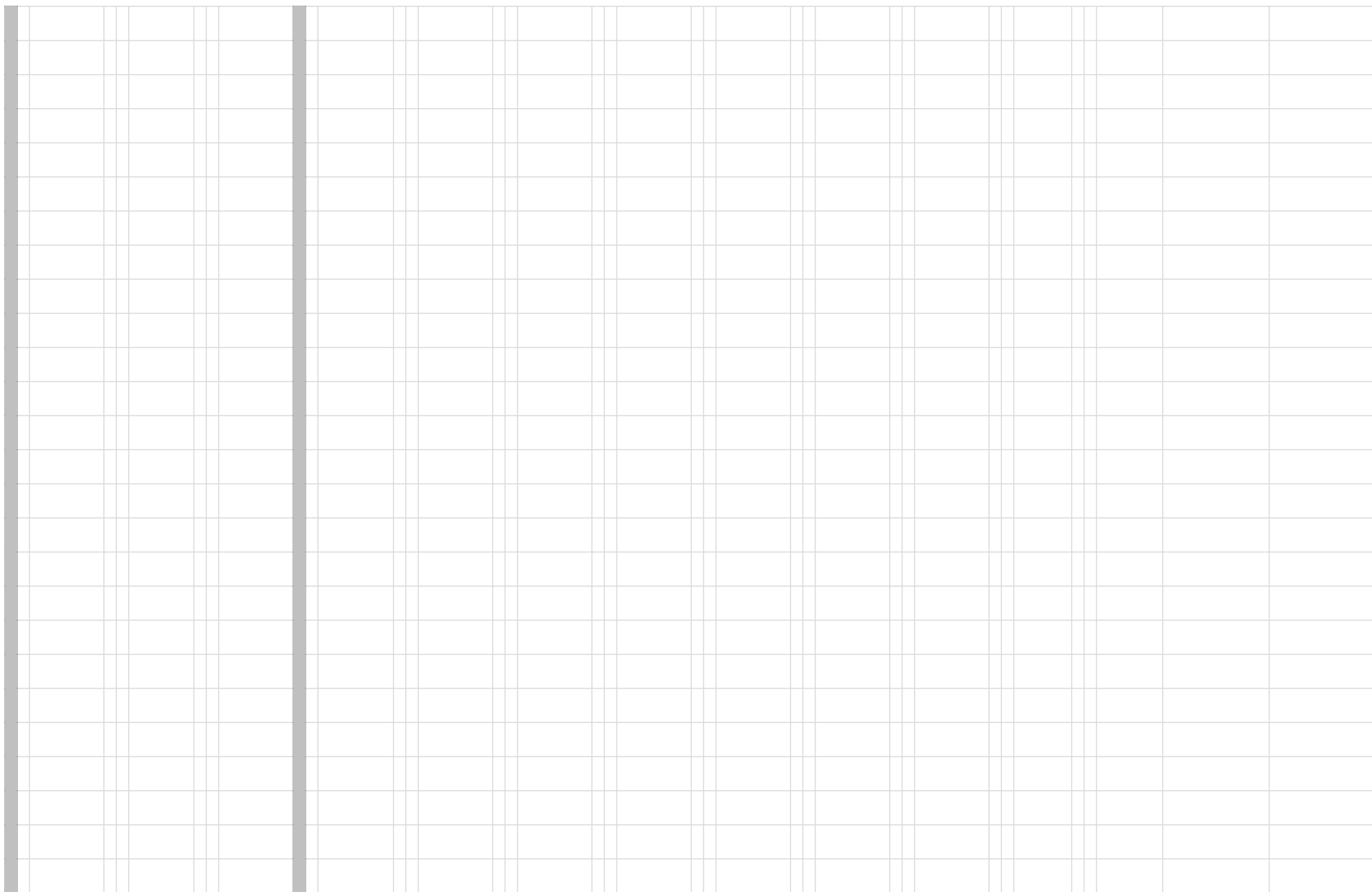


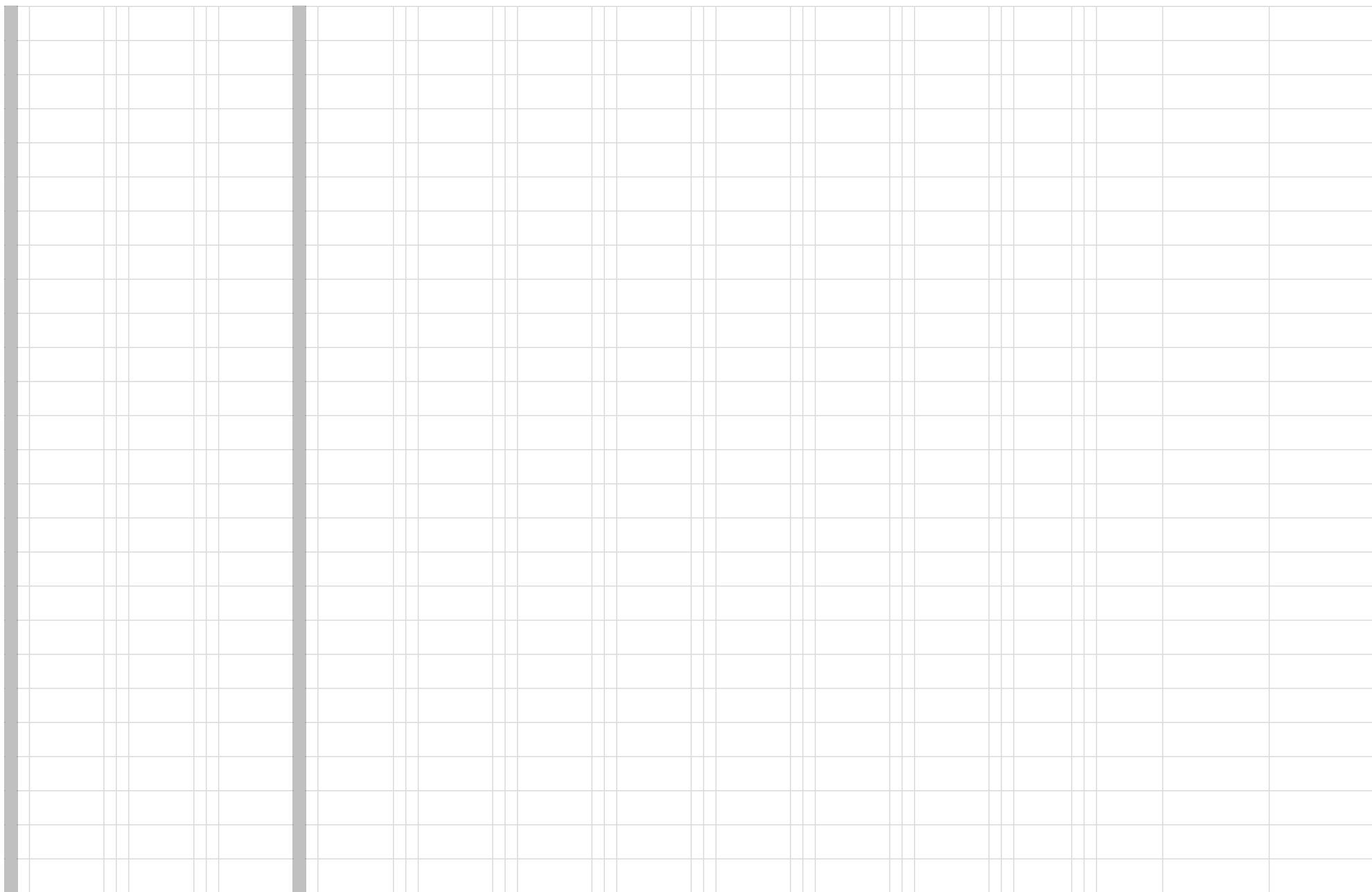


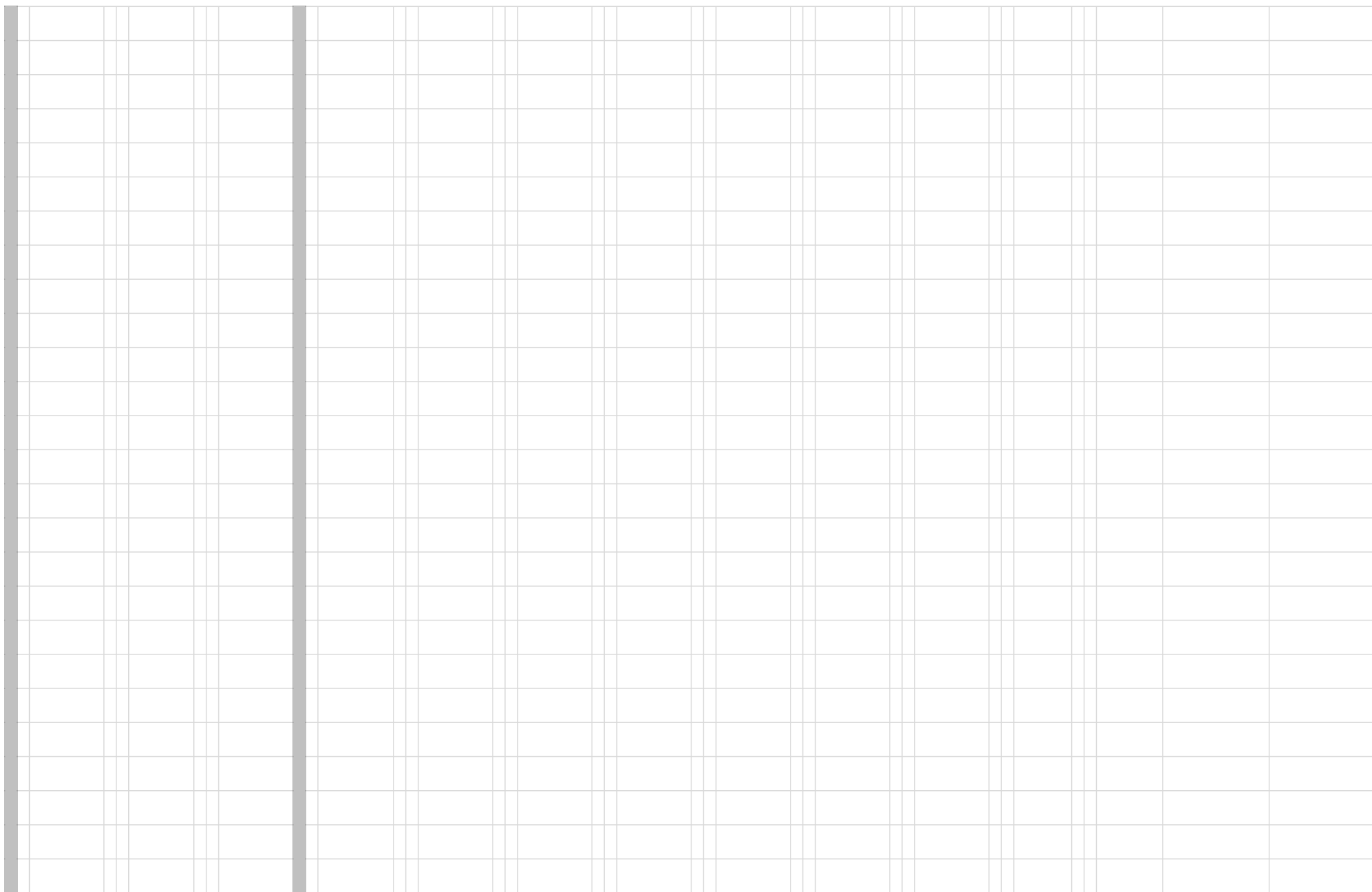


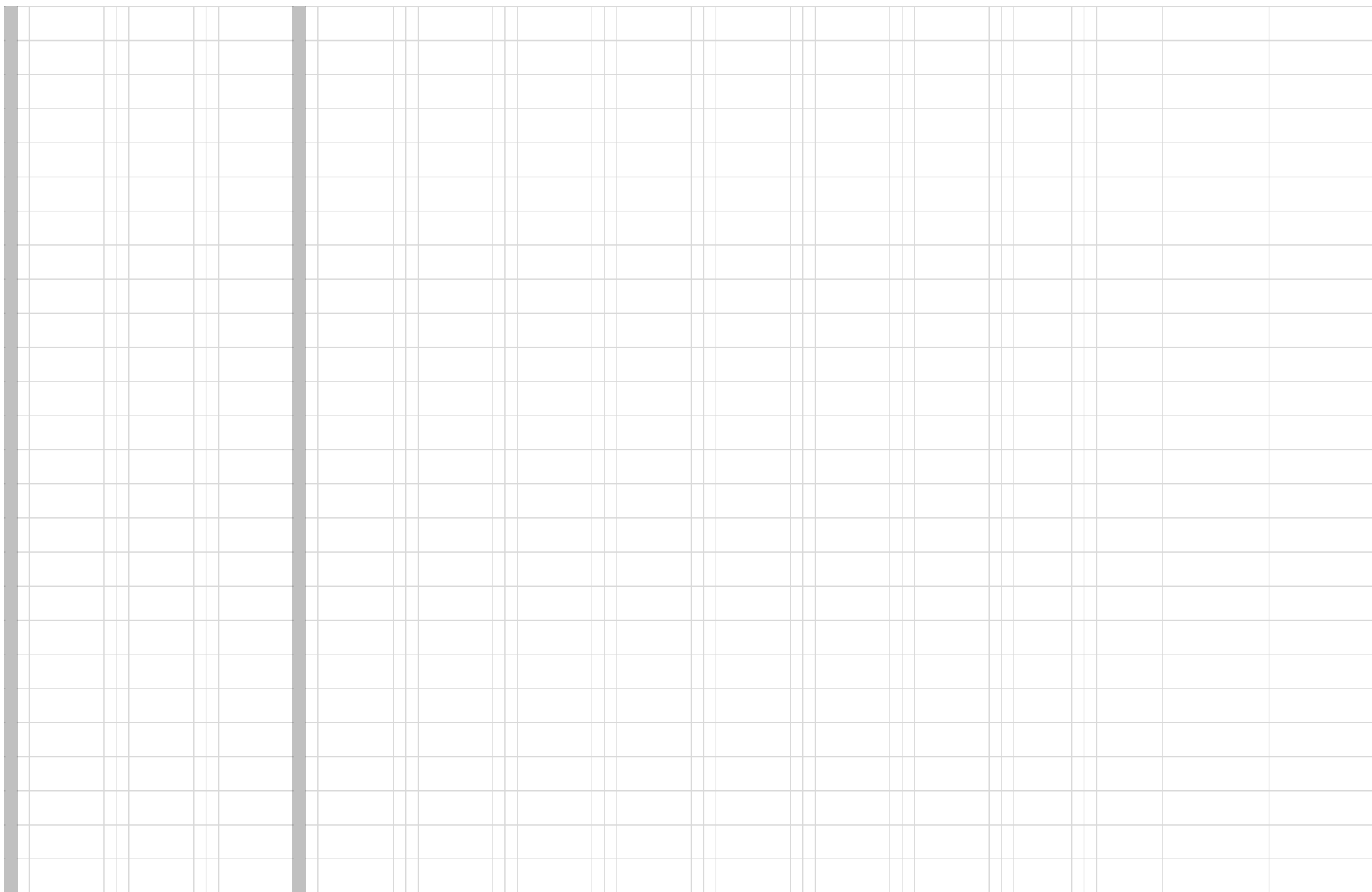


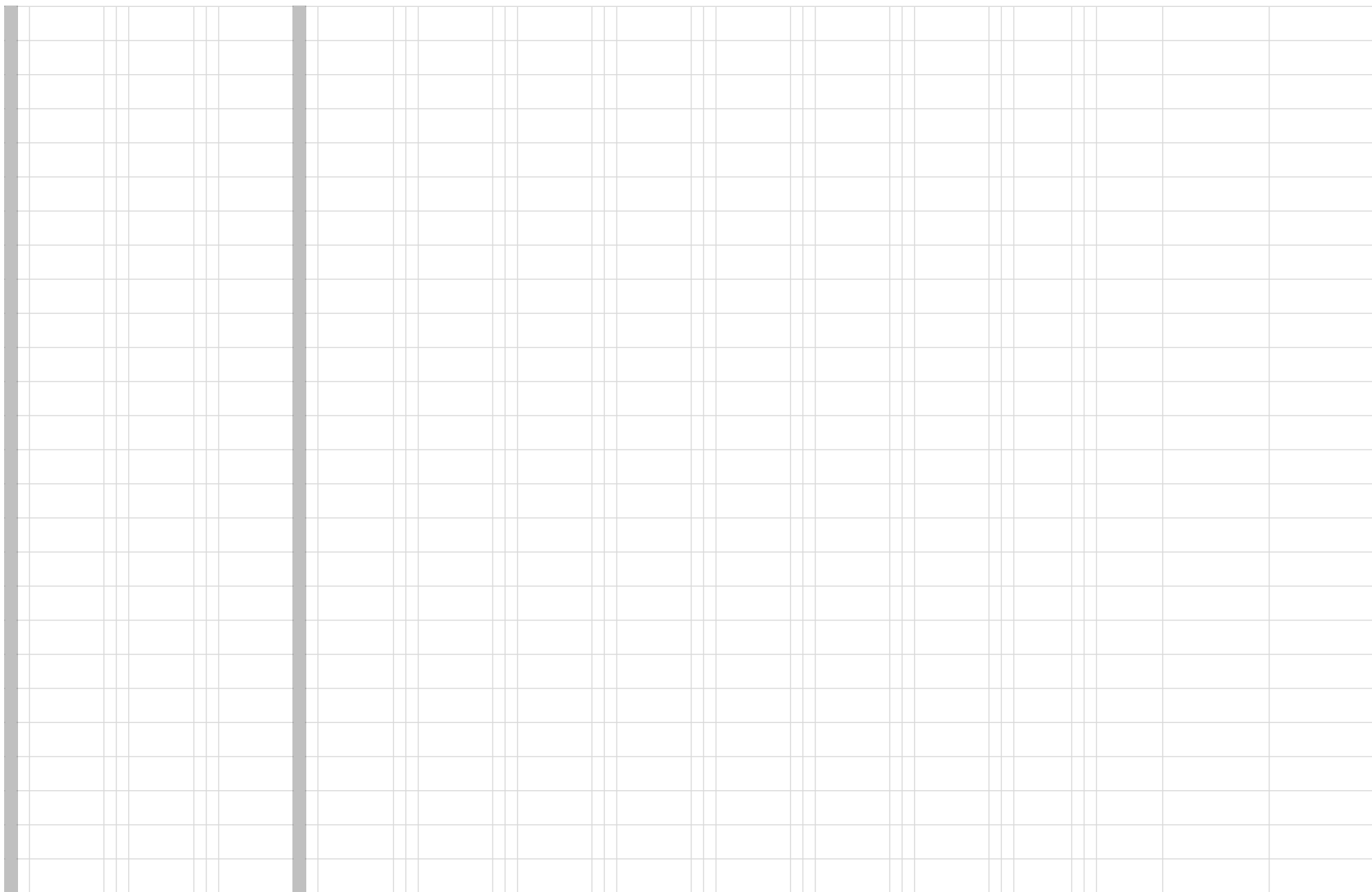


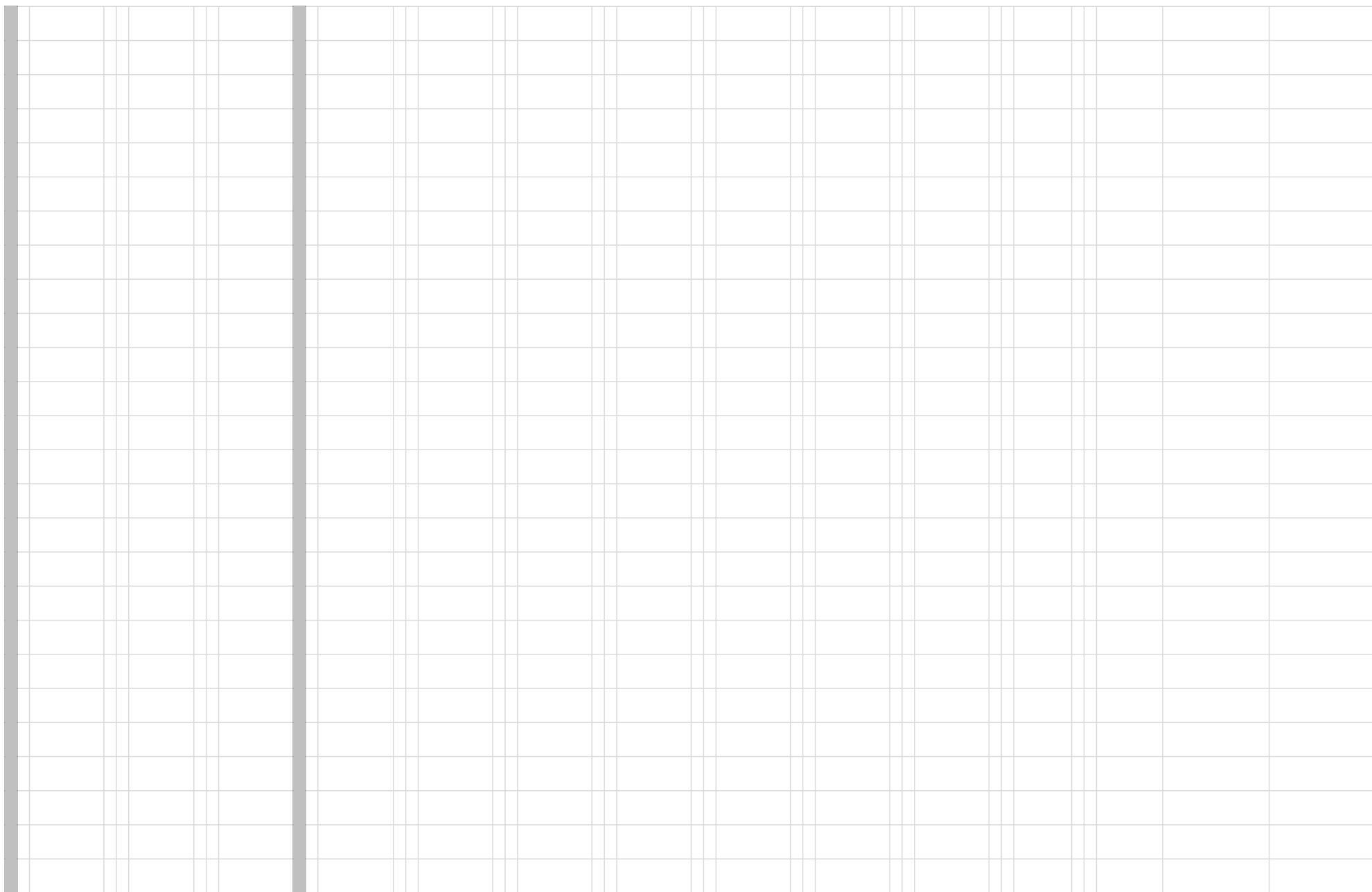


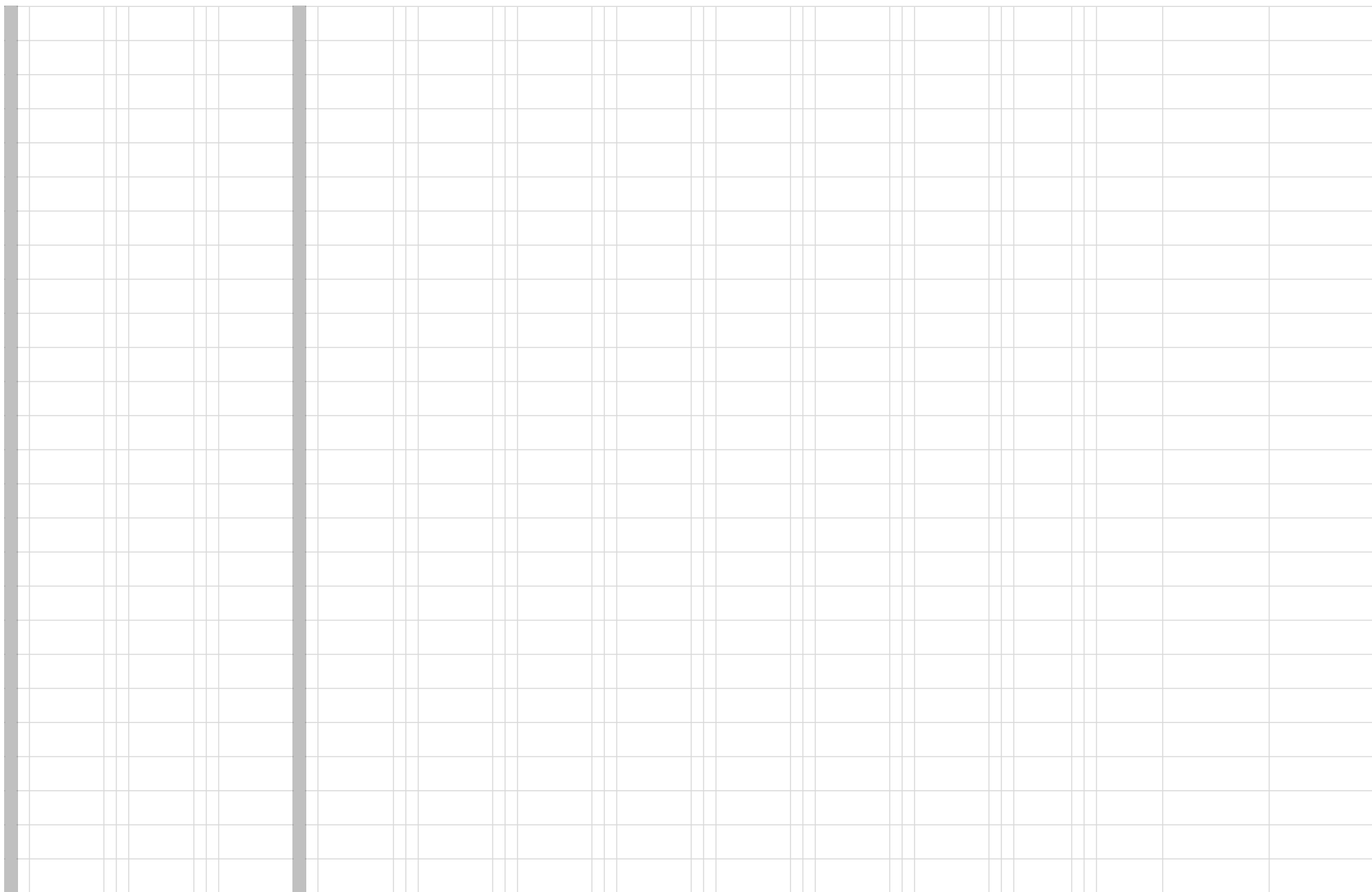


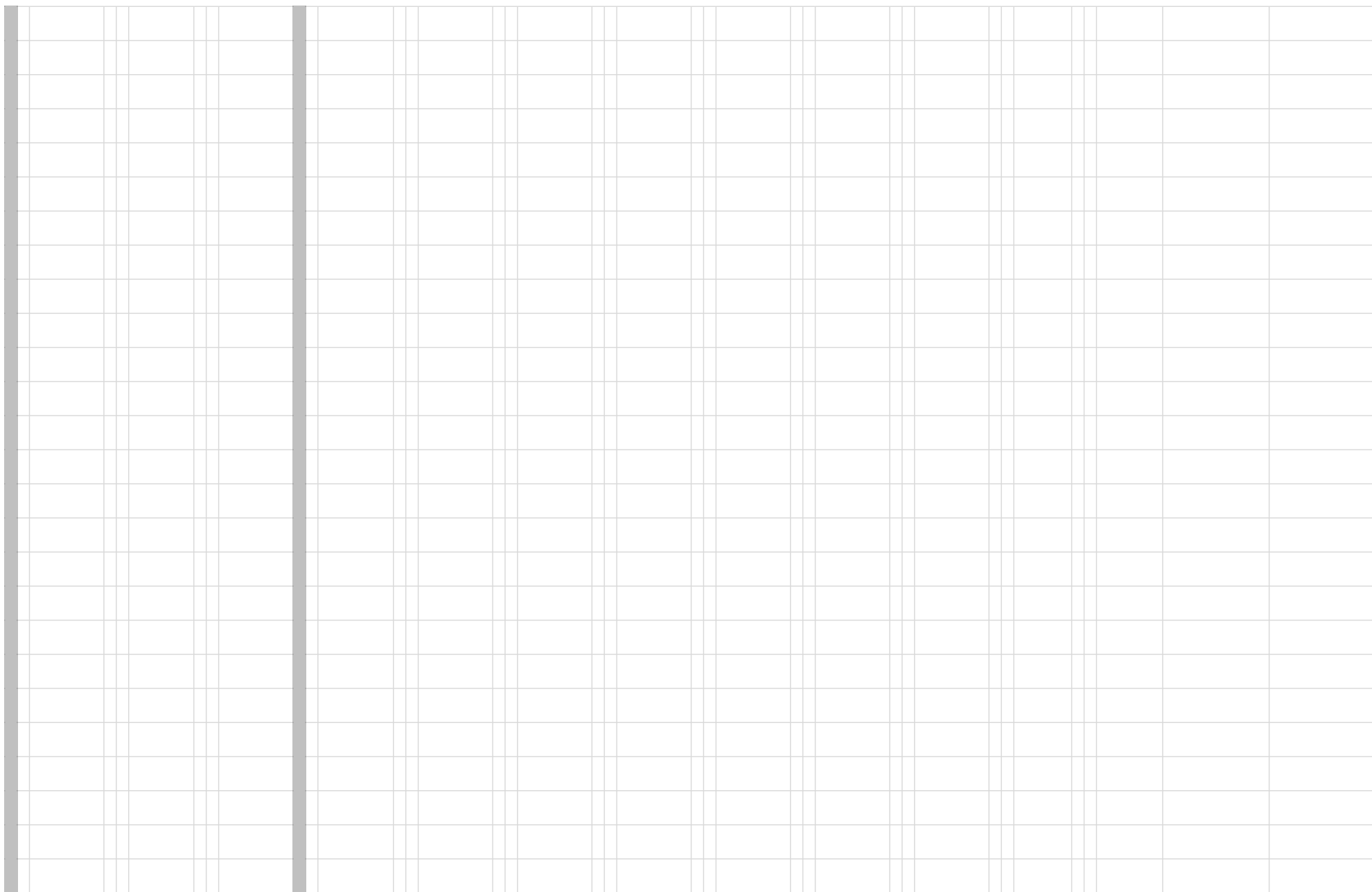




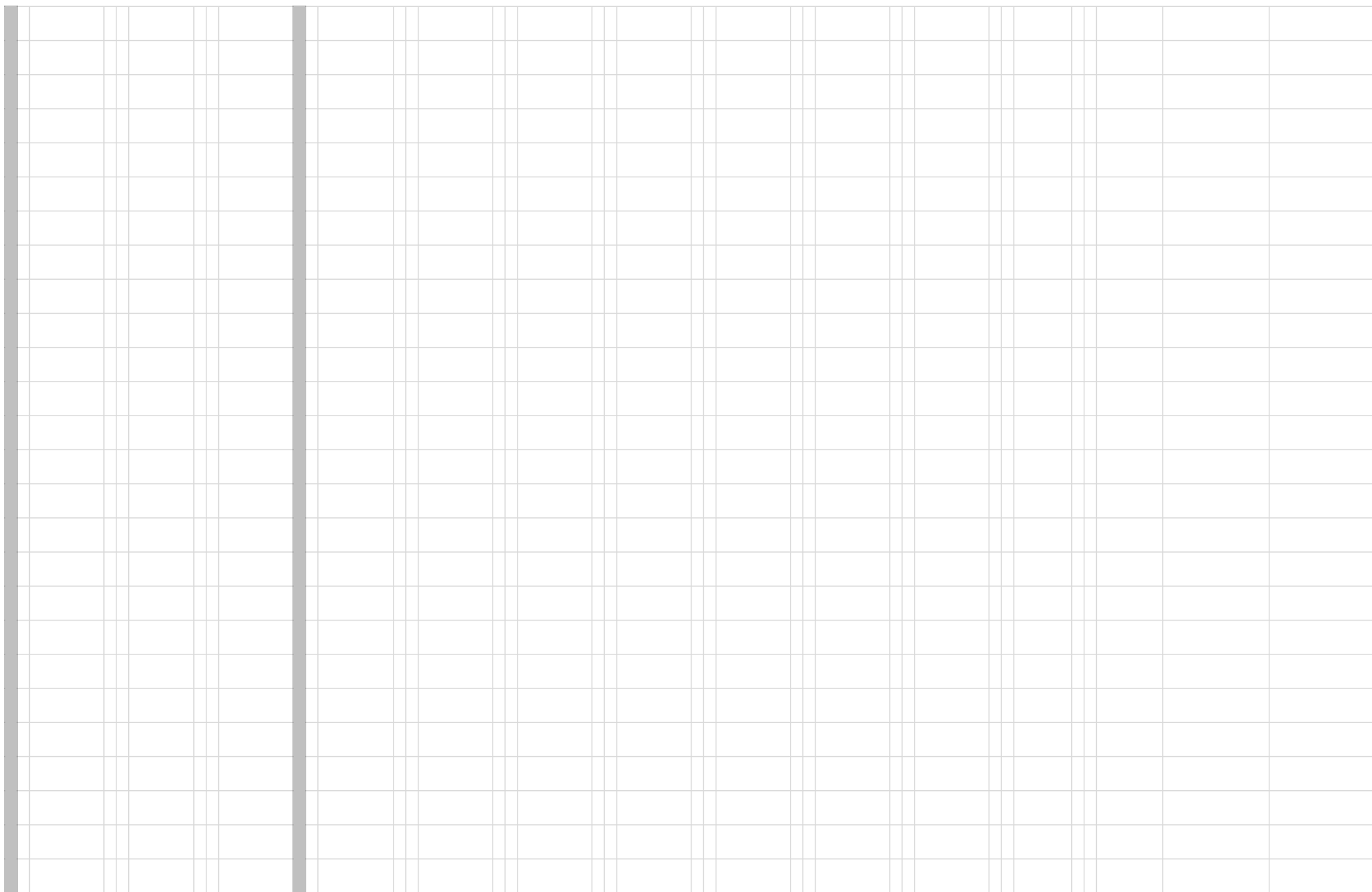


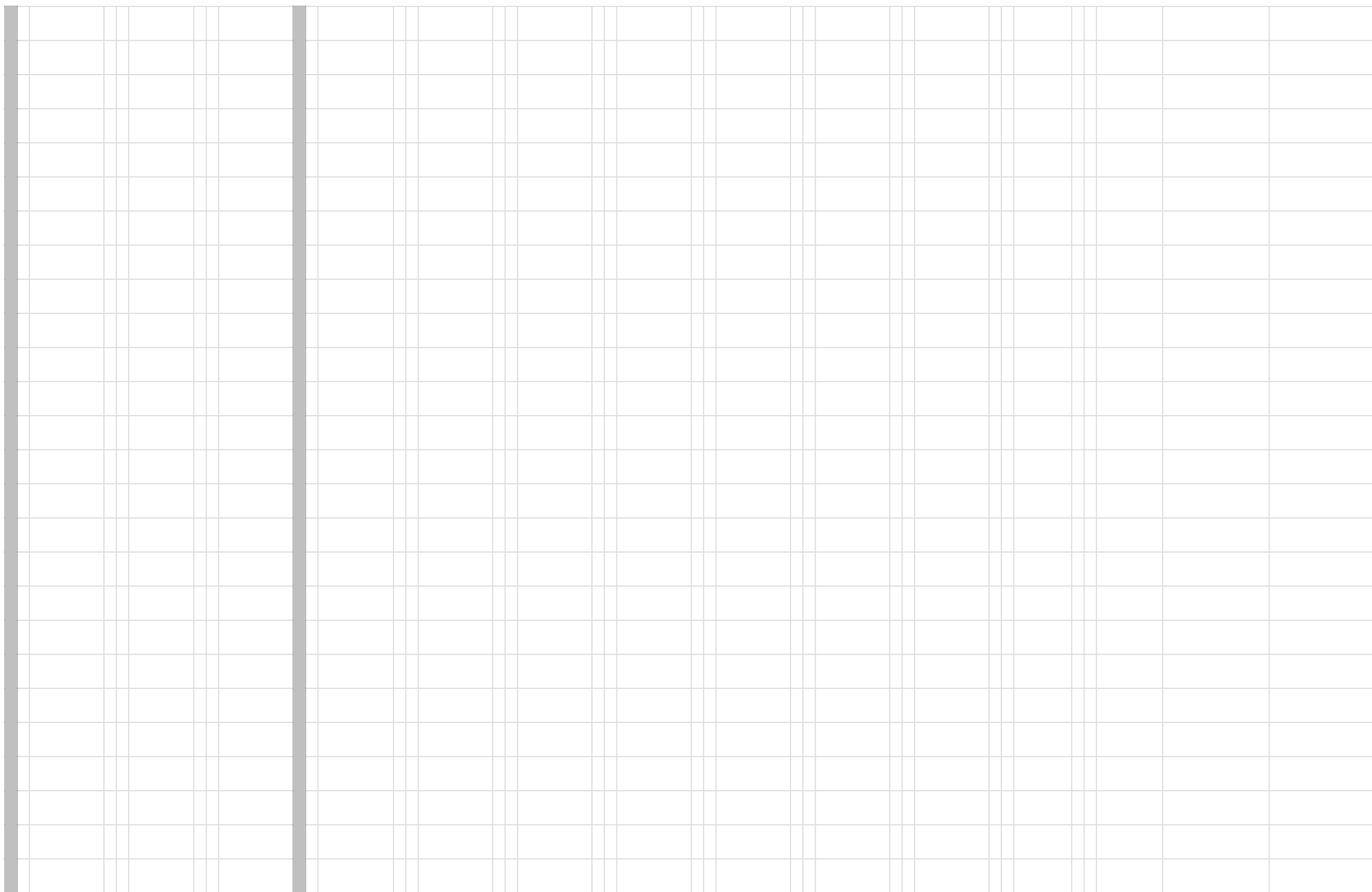


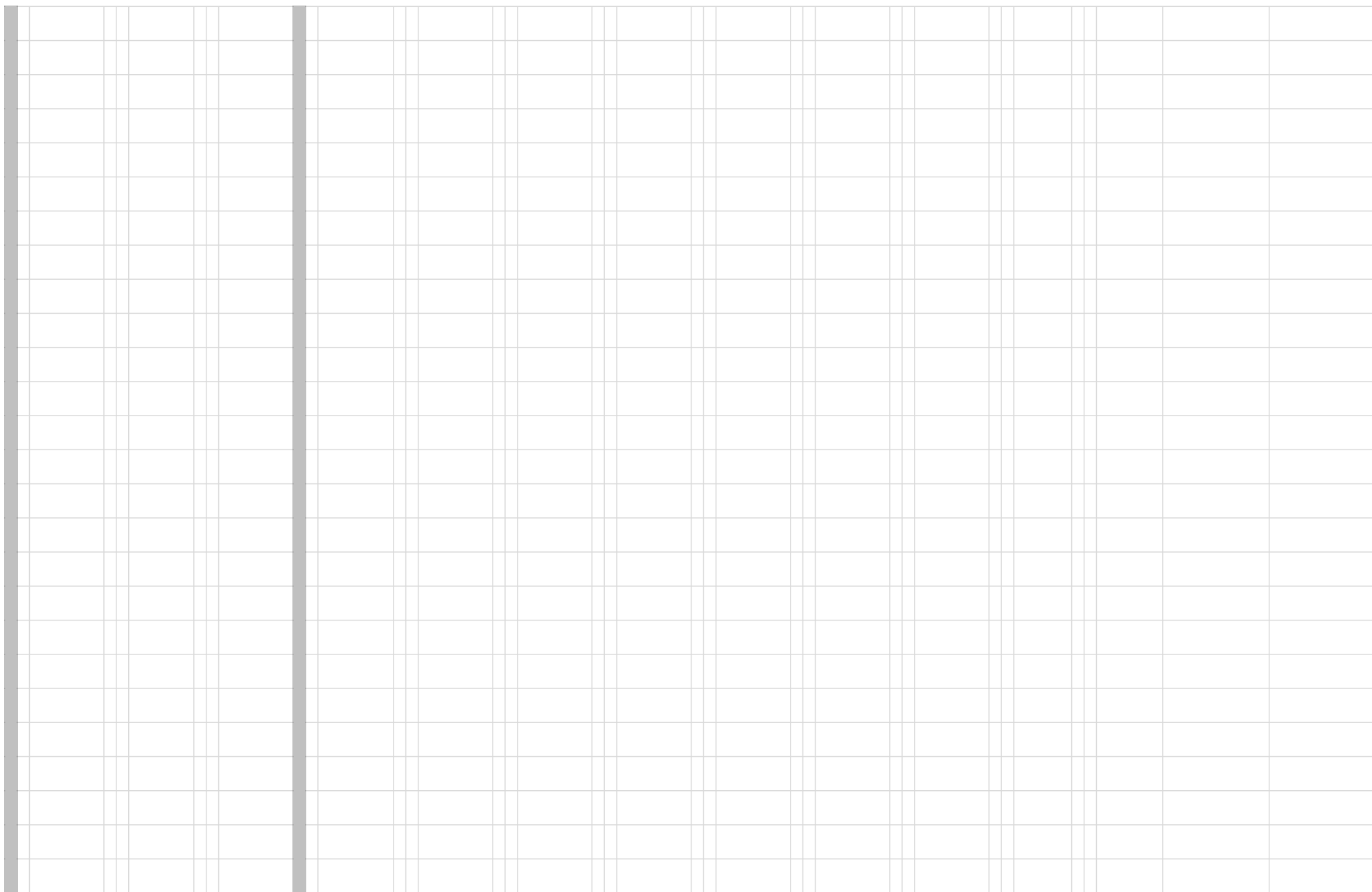


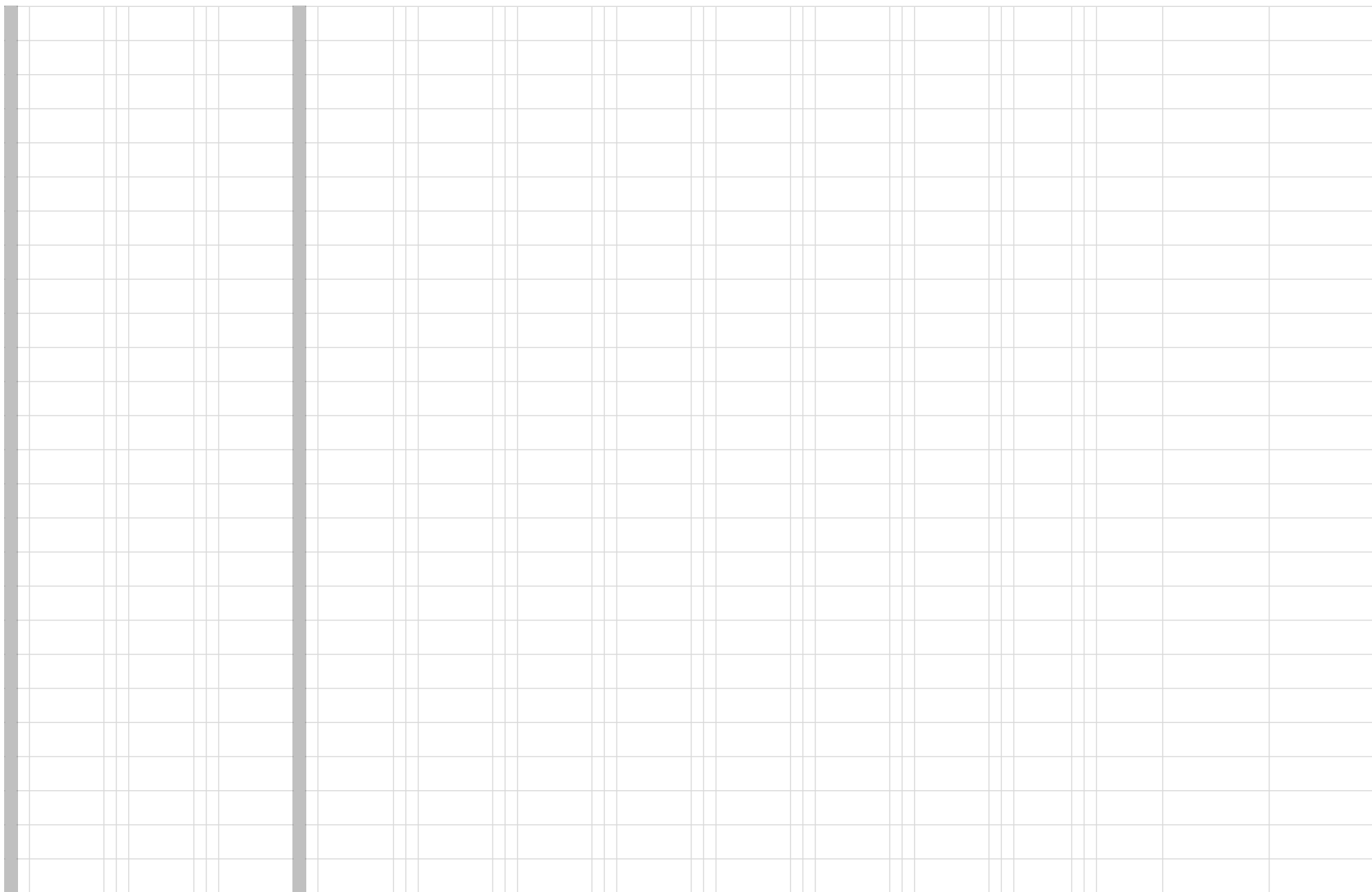


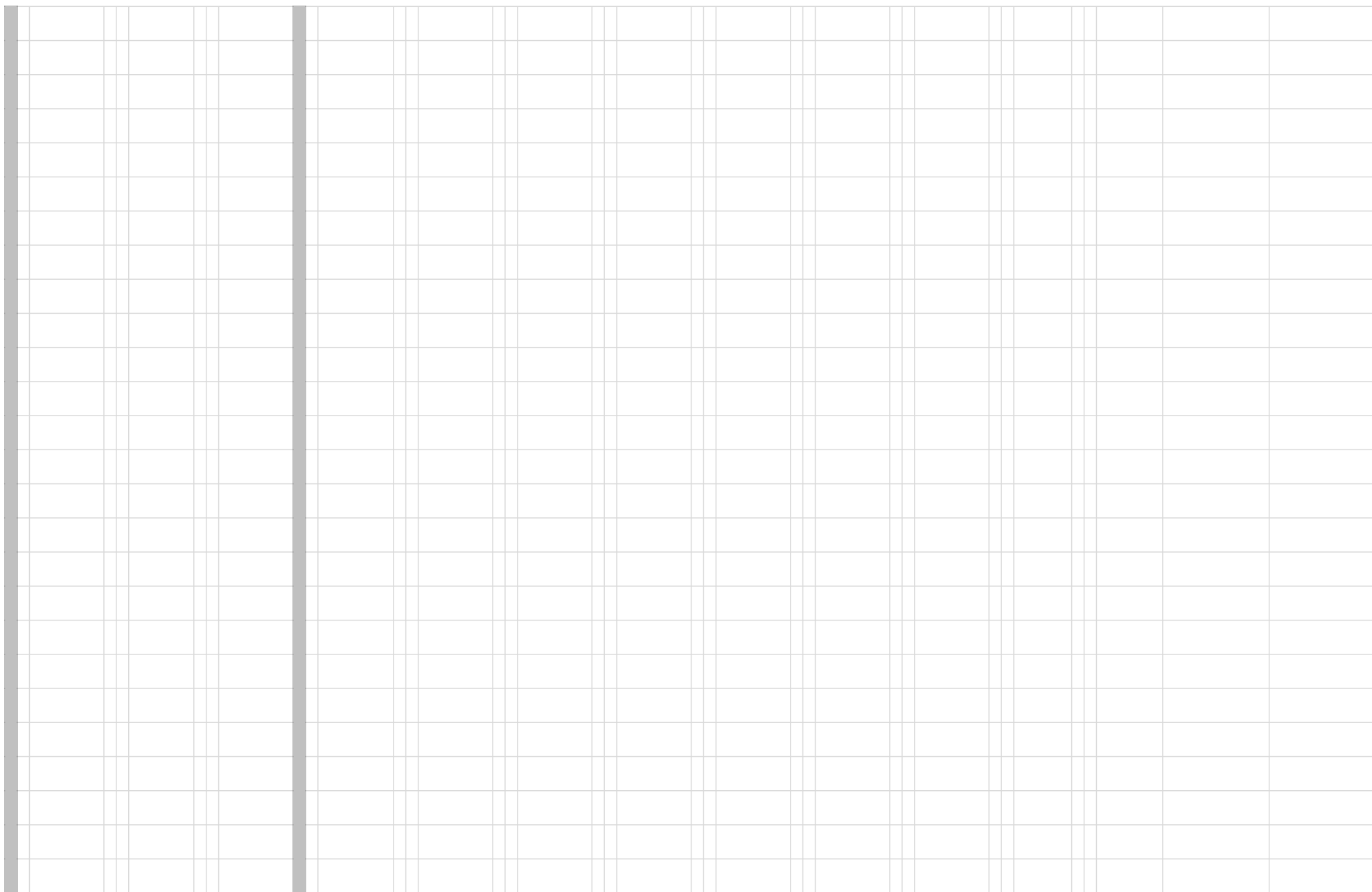




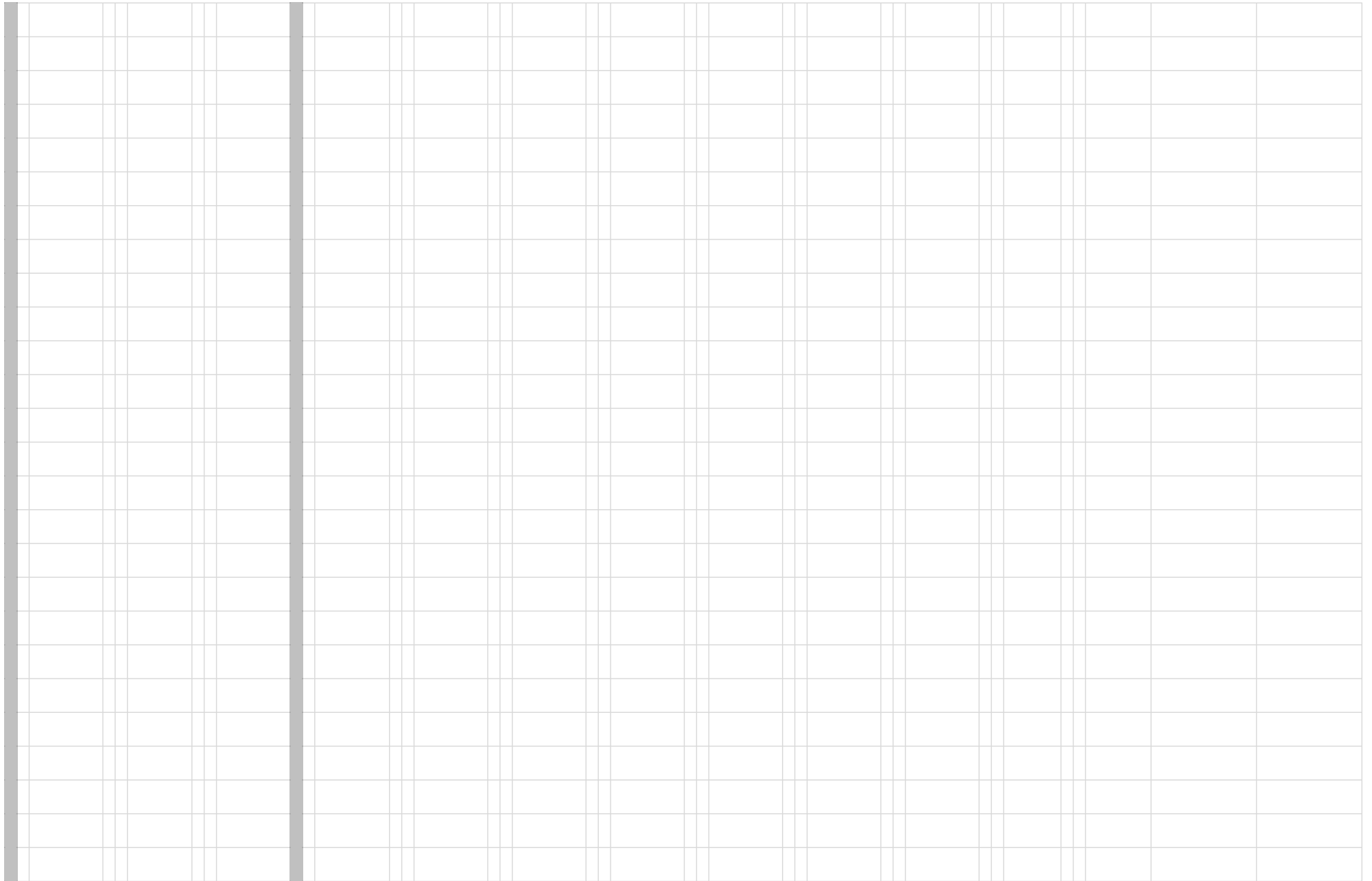


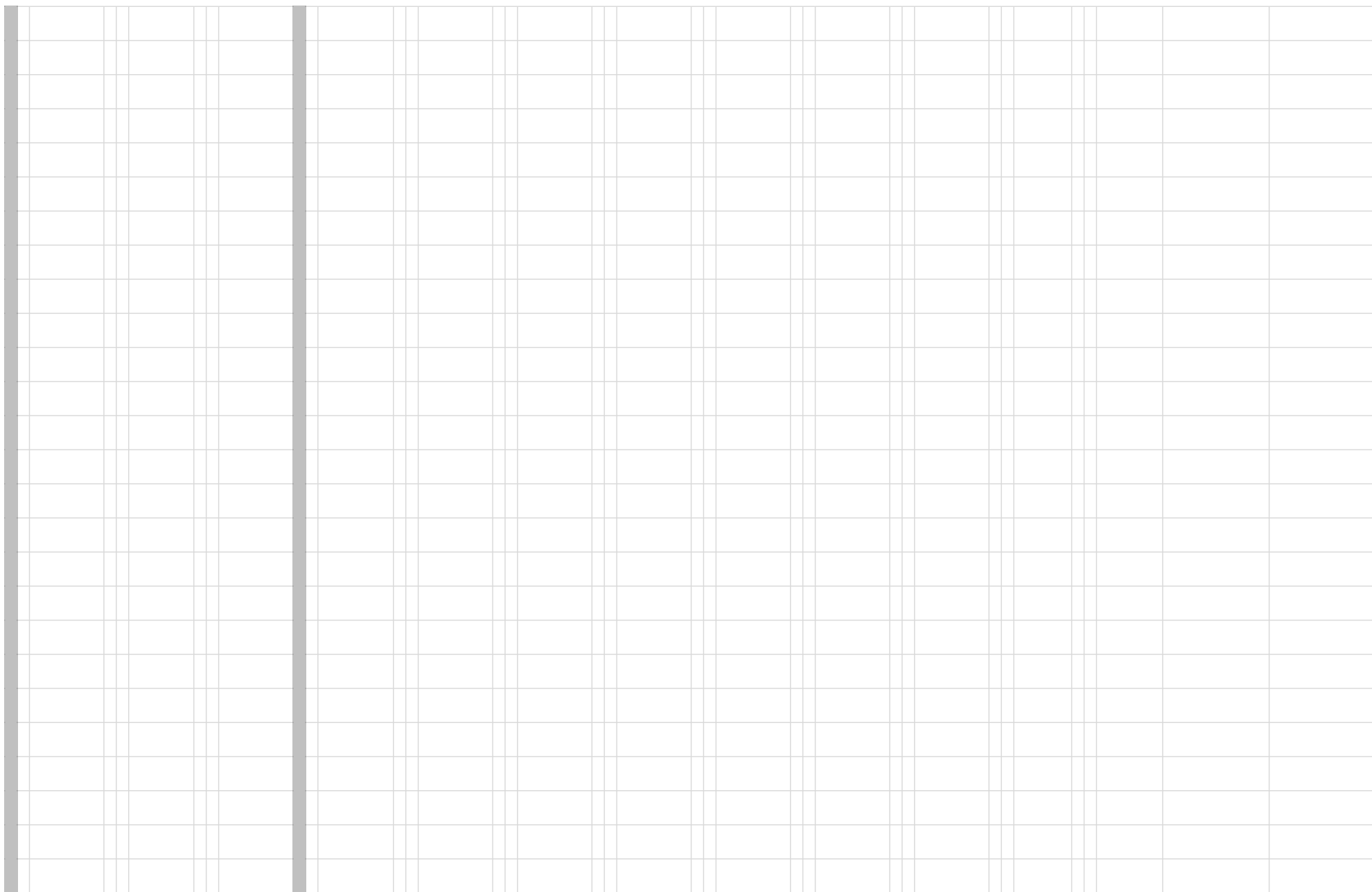




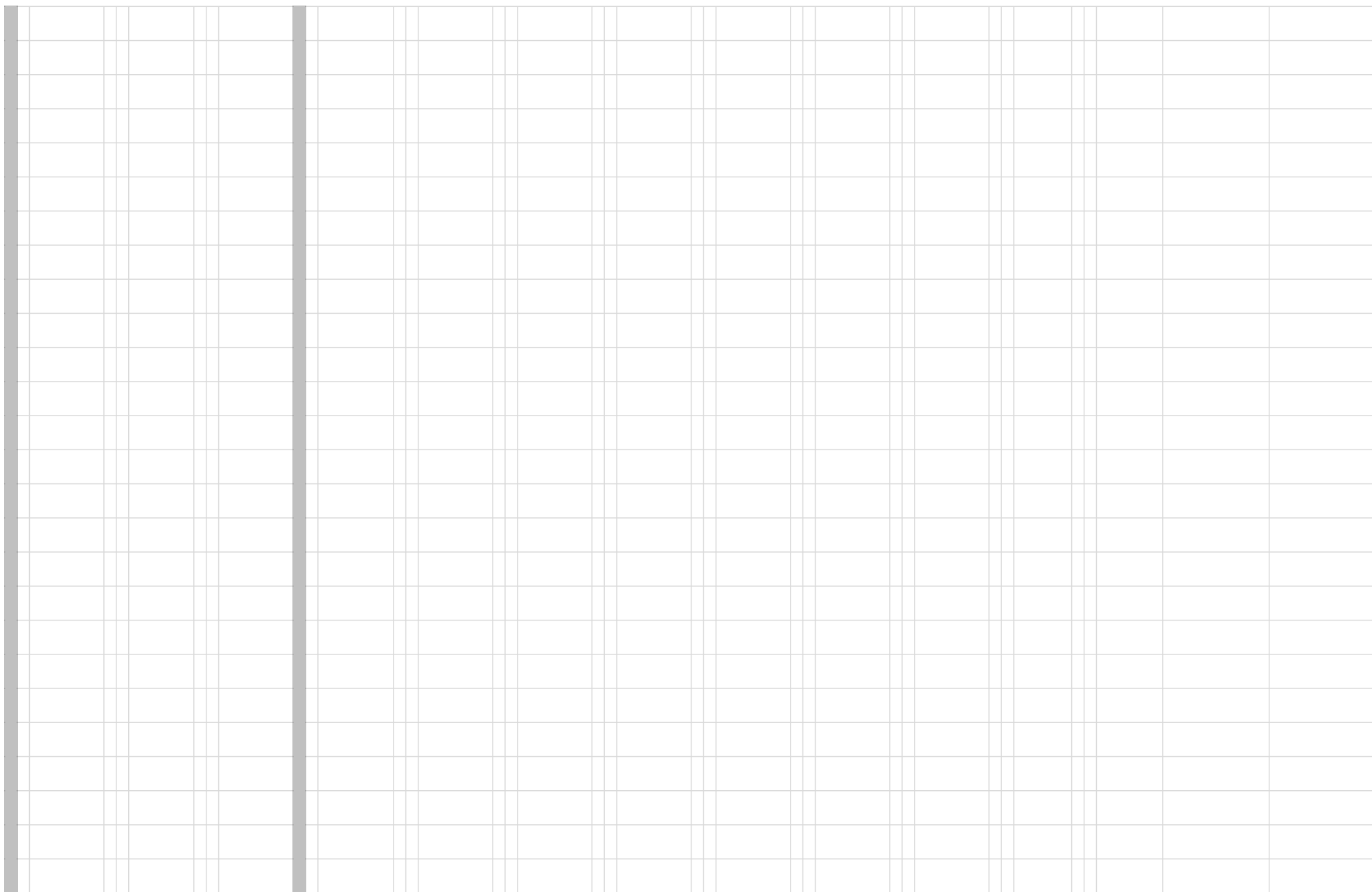


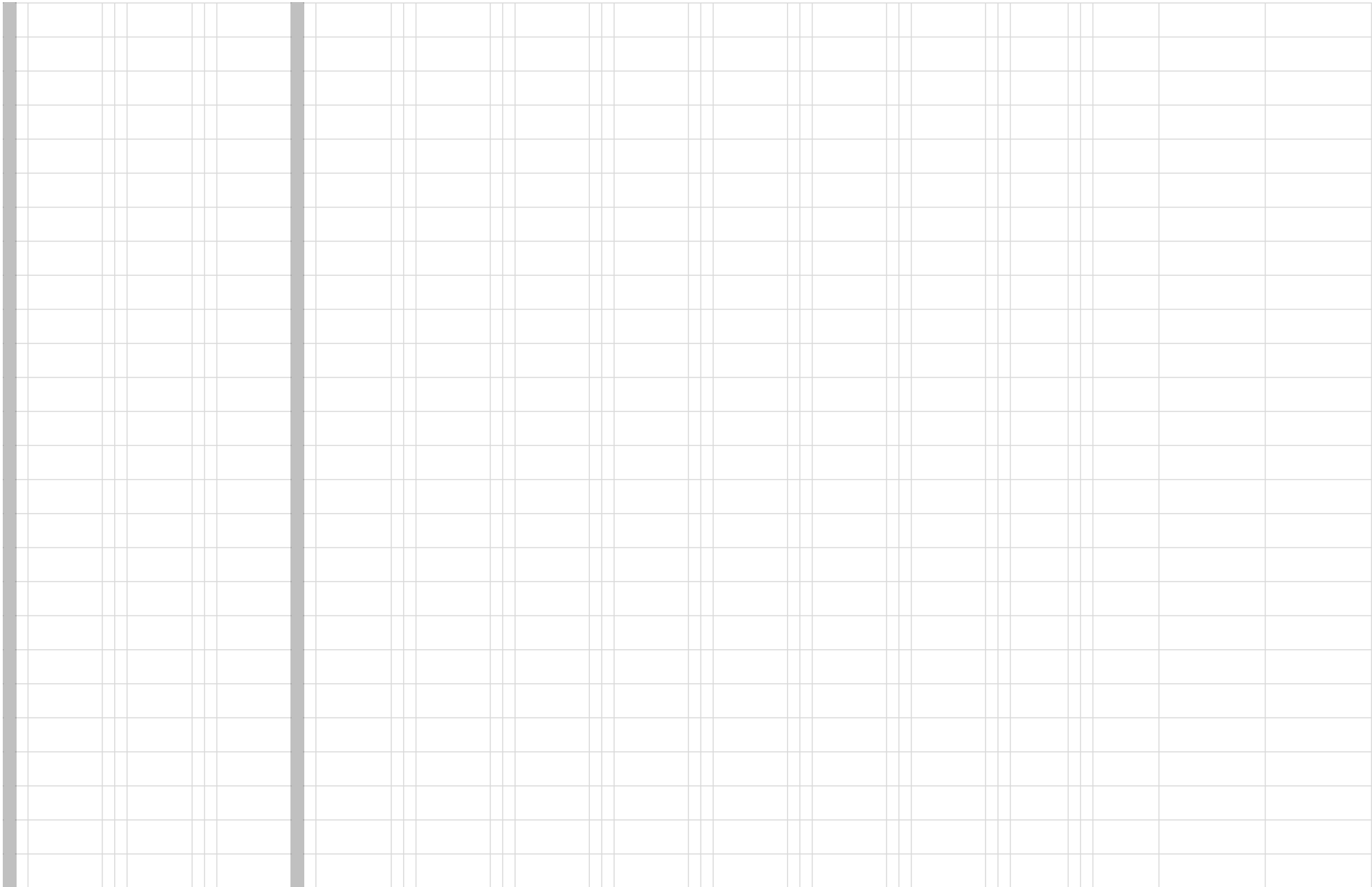


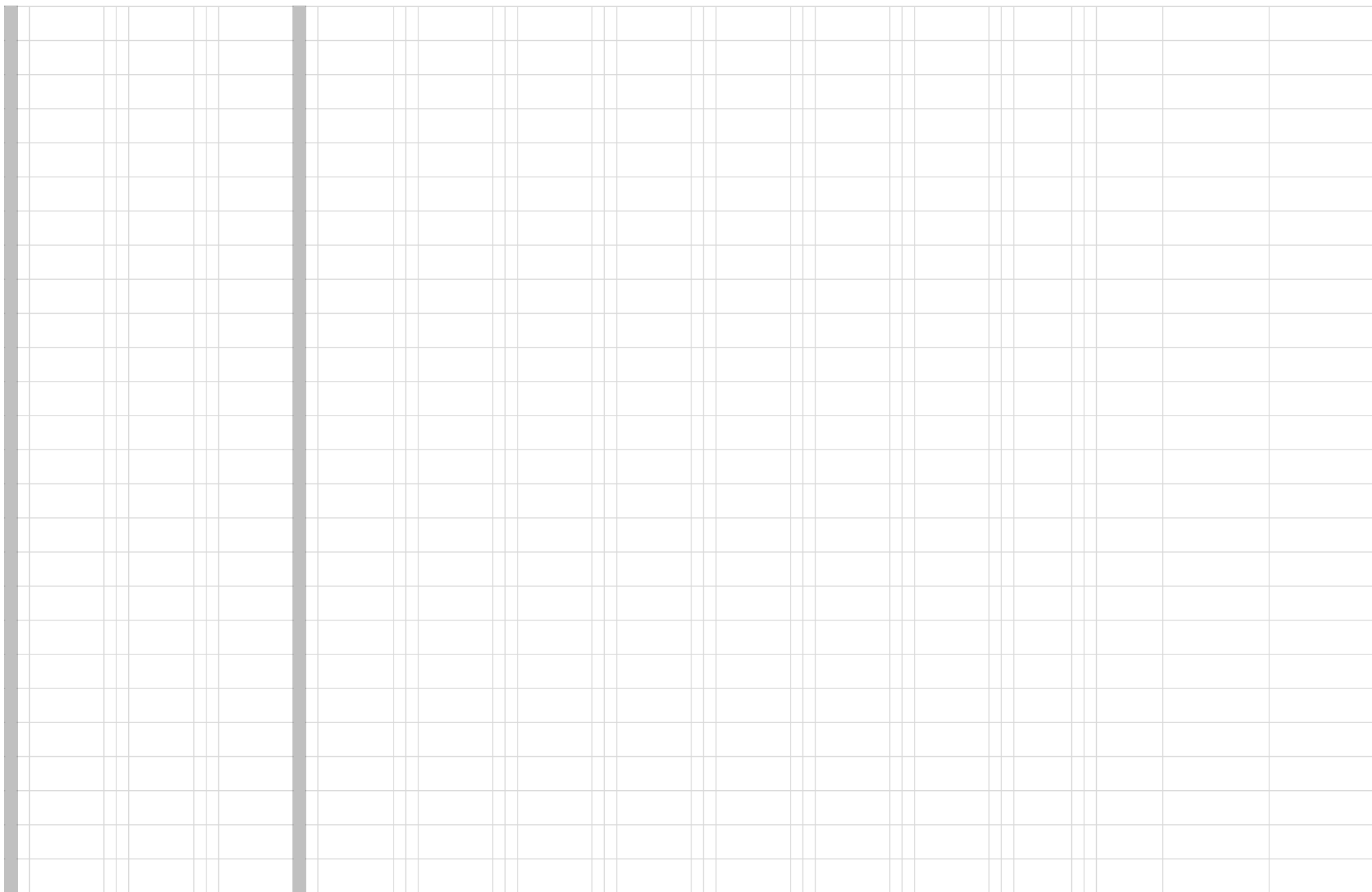


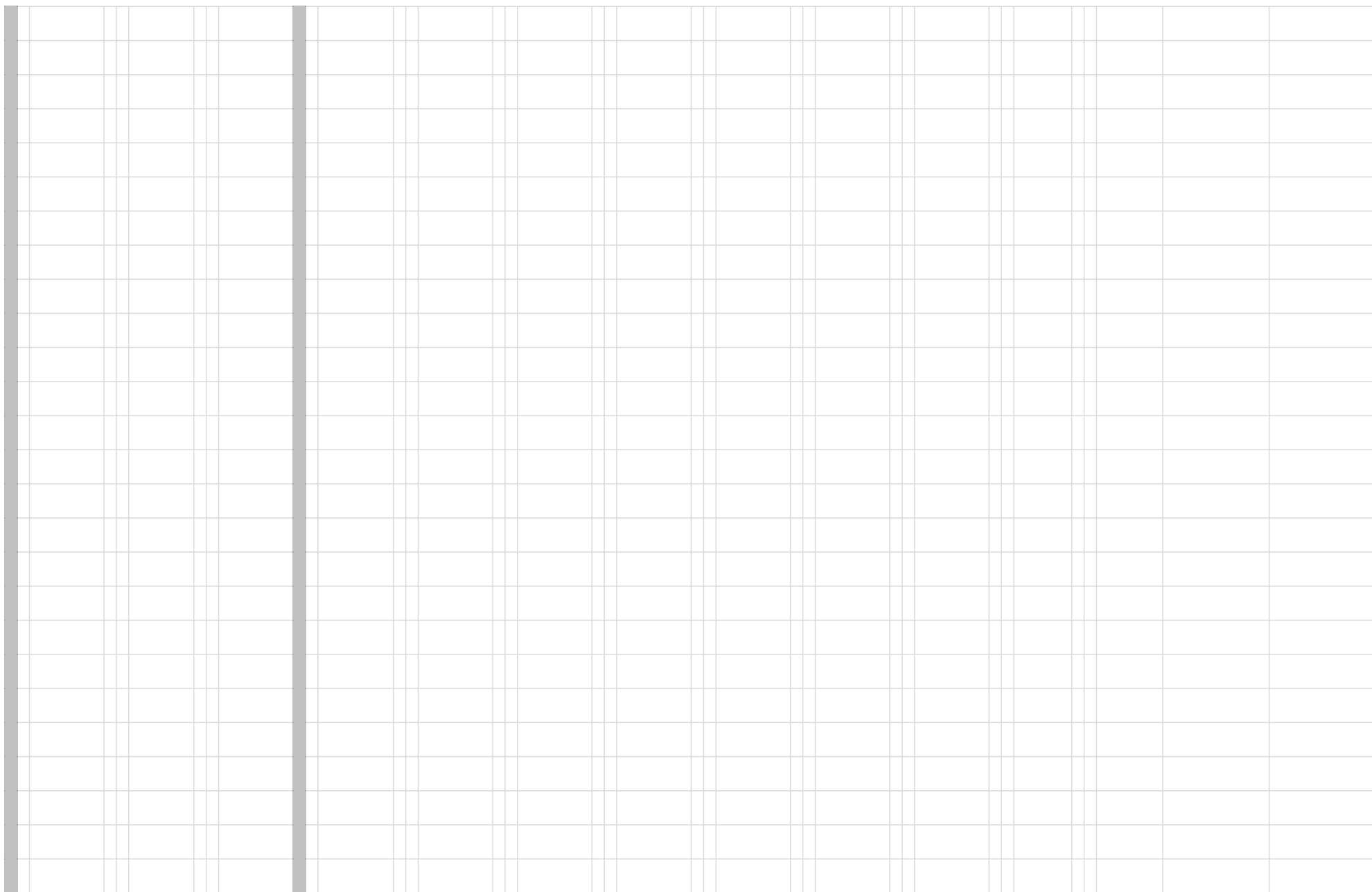


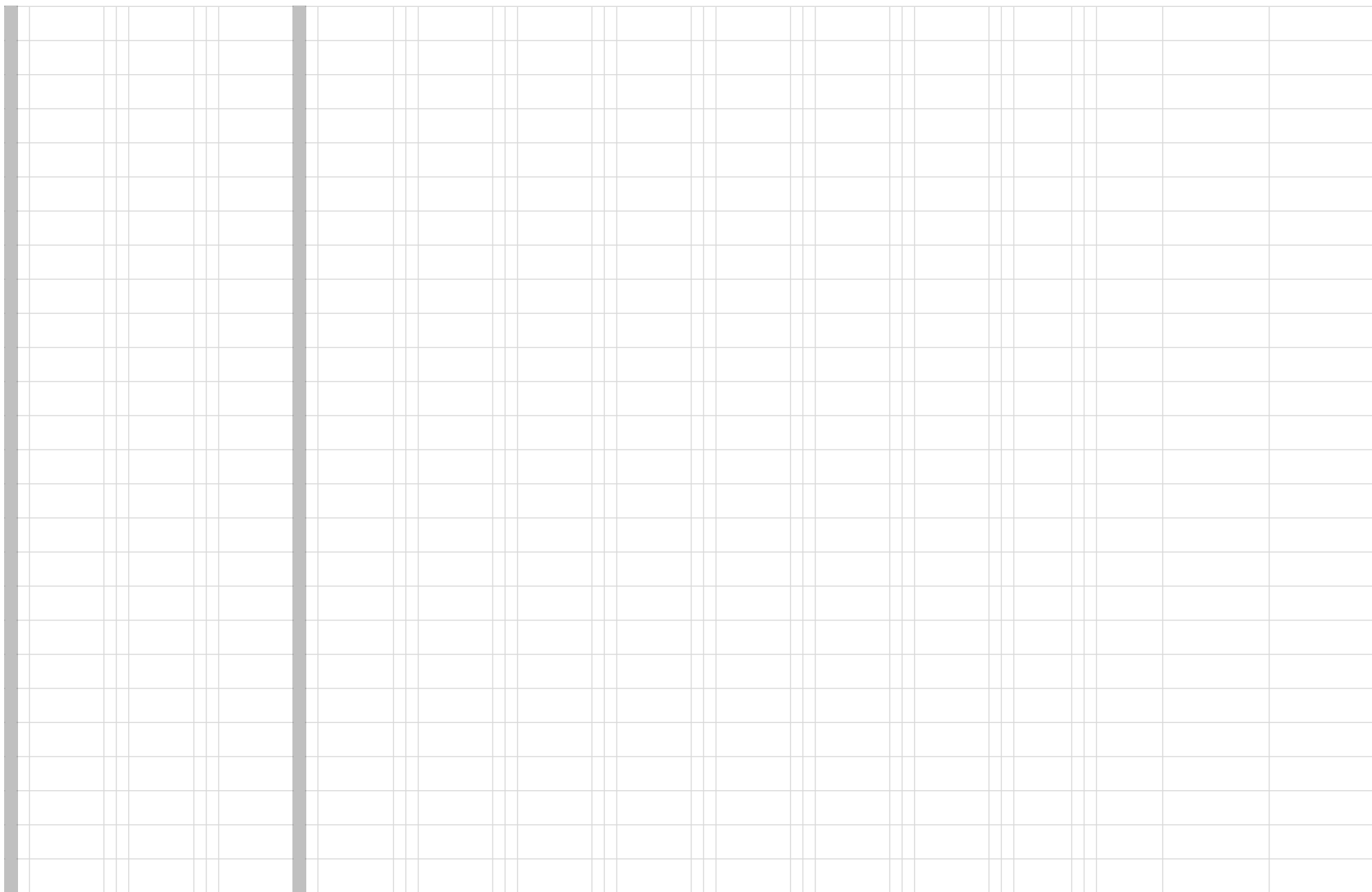














[1] PBoudgourd:  
Intervention Psycho

[2] PBoudgourd:  
hertz